Can You Stand It...

Compte: 48

Niveau: Easy Intermediate

Chorégraphe: Sandy Kerrigan (AUS) - January 2013

Musique: Can You Stand It - Johnnie Johnson : (Album: Johnnie B. Bad - iTunes)

| Weave to R Side, Side Shuffle with Turn ¼, Back Rock Step | |
|------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|
| 1234 | Step R to R Side, Cross L Behind R, Step R to R Side, Cross L over R |
| 5&678 | Turning ¼ L-Step R to R side, Step L next to R, Step R to R, Rock Back L, Rock Fwd R |
| Weave to L Side, Side Shuffle with Turn ¼, Back Rock Step | |
| 1234 | Step L to L Side, Cross R Behind L, Step L to L Side, Cross R over L 9:00 |
| 5 & 6 7 8 | Turning ¼ R-Step L to L Side, Step R next to L, Step L to L, Rock Back R, Rock Fwd L 12:00 |
| (Shuffle Note: Turn ¼ on the first Step of Side Shuffle) | |
| Reggae Turn ¼ R, (toe points) Point Turn ¼, Step, Point Turn ¼, Step | |
| 1234 | Cross R over L, Step Back on L, ¼ R-Step Fwd R, Step Fwd on L 3:00 |
| 56 | Turning ¼ R-Point to R Fwd, Step on R in place 6:00 |
| 78 | Turning ¼ L-Point to L Fwd, Step on L in place 3:00 (this is not a Monterey turn) |
| ½ Pivot Turn L, Reggae, Heel, Together, Heel | |
| 1234 | Step Fwd R, ½ Pivot Turn L-wt on L, Cross R over L, Step Back on L |
| 5678 | Step R to R Side, Place L Heel Fwd, Step L next to R, Place R Heel Fwd 9:00 |
| Back Rock Step, Tap, Step, Tap, Step, Tap, Step ¼ Side | |
| 1234 | Rock Back on R, Rep Fwd to L, Tap R Toe next to L-R Knee turned in, Step slightly Fwd on |
| 1204 | R |
| 56 | Tap L Toe next to R-L Knee turned in, Step slightly Fwd on L 9:00 |
| 78 | Tap R Toe next to L-R Knee turned in, Turn ¼ L to 6:00 Step R to R Side |
| Stomp, Stomp, ½ L Walk Around, Fwd Heel, Reverse Walk Around ¾ R | |
| 12 | Stomp L next to R, Stomp L next to R, |
| 345 | Turning ¼ L Step Fwd L, ¼ L-Step Fwd R to 12:00, Place L Heel Fwd, |
| 678 | Step Back on L, 1/2 R Step Fwd R 6:00, 1/4 R Step L next to R 9:00 |
| (Note: walk around turns have a compact feel, almost on the spot.) | |
| [48] | |
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| This song reminds me so much of Little RichardThe Architect of Rock 'N Roll. | |

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