One Reason



Compte: 48 Mur: 4 Niveau: Easy Intermediate

Chorégraphe: Lisa Hillman (SWE) - December 2012

Musique: Give Me One Reason - Eric Clapton & Tracy Chapman



Start dancing after 16 counts

Section 1 - Cha Cha right, Rock recover, Cha Cha left, back rock

1&2 RF to Right, LF beside RF, RF to Right
3 4 LF cross over RF. Recover to Right
5&6 LF to Left, RF beside LF, LF to LF
7 8 RF back rock behind LF. Recover to LF

Section 2 - Kick ball cross, Monterey ½ & Point, Step forward, Turn ¼ left

1&2 RF kick forward, Step RF beside LF, LF cross over RF RF Point out to Right, Make ½ turn to Right (6:00)

LF point to Left, Step LF beside RF, RF point to Right

7 8 RF Step forward, Lift both heels and make ¼ turn to left (weight on right) (3:00)

Section 3 - Coaster step, Step, Hold, Ball Step forward, Rock recover, Step back lock

1&2 LF step back, RF step beside LF, LF step forward, RF

3 4 Step forward, Hold,

&5 LF step beside RF, RF forward
6 7 Rock LF forward Recover to Right
8& LF step back, RF cross over LF

Section 4 - Step Back and Sweep, Sailor step ½ turn, Ball Step, Hold, Ball Step, Rock Forward

1 2 LF step back, Sweep RF back.

3&4 RF cross behind LF, ¼ turn R stepping LF slightly back, ¼ turn R stepping RF fwd.(9:00)

&5 6 LF step beside RF, Step RF forward, Hold

&7 8 LF step beside RF, Step RF forward, LF Rock forward

Section 5 - Recover, Back Lock Back ¼ turn, Jazzbox, Cross shuffle

1 2&3 Recover on Right, LF back, RF Lock LF, step LF back ¼ turn to Left (6:00)

4 5 6 7 Recover to RF. LF cross over RF, RF step back, LF to left, 8&1 Cross RF over LF, Step LF to Left, Cross RF over LF

Section 6 – 1/4 Left turn, Step Turn 1/2 left, Lockstep forward, Step, Touch

2 3 4 Step LF to Left with a ¼ turn to left. (3:00), RF step forward, Turn ½ to Left (weight on LF,

9:00)

5&6 Step RF forward, Lock LF behind RF, Step RF forward

7 8 Step LF forward, Touch RF beside LF

I love Linedance

LineDance and have fun!

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