Better



Compte: 64 Mur: 4 Niveau: Improver

Chorégraphe: Roz Chaplin (UK), Lorna Mursell (UK) & Colin B. Smith (UK) - January 2013

Musique: Better - Gord Bamford : (CD: Day Off)



32 Count Intro

TOE STRUTS, ROCKING CHAIR

1-2 Touch right toe forward, drop right heel taking weight 3-4 Touch left toes forward, drop left heel taking weight

5-6 Rock forward on right, recover onto left 7-8 Rock back on right, recover onto left

Restart Here On Wall 3

POINT, CROSS, POINT, CROSS, JAZZ BOX, TOUCH

1-2 Point right to right side cross right in front of left, 3-4 Point left to left side Cross left in front of right

5-6 Cross right over left, step back on left

7-8 Step right to right side, touch left beside right

CHASSE, ROCK STEP, 1/4 TURN, SHUFFLE, PIVOT 1/4 TURN

Step left to left side, step right beside left, step left to left side 3-4 Rock back on right, make ¼ turn to right stepping left forward (3) 5&6 Step forward on right, step left beside right, step forward on right

7-8 Step forward on left, pivot ¼ turn to right. (6)

ROCK STEP, SHUFFLE BACK, 1/4 TURN, TOUCH, SHUFFLE FORWARD

1-2 Rock forward on left, recover on right

3&4 Step back on left, step right beside left, step back left

5-6 Step right to right side making ¼ turn right, touch left beside right (9)

7&8 Step forward left, step right beside left, step forward left

FORWARD, TAP, BACK, KICK, BACK ROCK, REC, FORWARD, TAP

1-2 Step right forward, tap left behind right 3-4 Recover on to left, kick right forward 5-6 Rock back on right, recover on to left Step right forward, tap left behind right

KICK BALL CROSS, ROCK STEP, BOTAFOGO'S

1&2 Kick left forward, step left beside right, cross right over left

3-4 Rock left to left side, recover onto right

5&6 Step forward on left, rock right to right side, recover onto left 7&8 Step forward on right, rock left to left side, recover onto right

OUT, OUT, CROSS ROCK, SIDE CROSS ROCK, FORWARD

Step left forward diagonally, step right forward diagonally (taking weight) 1-2

3-4 Cross rock left over right, recover onto right 5-6 Step left to left side, cross rock right over left 7-8 Recover onto left, step forward on right

FORWARD ROCK, BACK ROCK, SIDE ROCK, BEHIND, SIDE, STEP

1-2 Rock forward on left, recover onto right 3-4 Rock back on left, recover onto right

5-6 Rock left to left side, recover onto right

7&8 Step left behind right, step right to right side, step forward on left

Last Revision - 7th February 2013