## Country and Love It

Compte: 56

Niveau: Intermediate

Chorégraphe: Donna Manning (USA) - January 2013

Musique: C.O.U.N.T.R.Y. (Remix) (feat. Colt Ford) - LoCash Cowboys

## Sec. 1: Heel, Heel, Behind, 1/4, 1/4, Heel, Heel, Behind, 1/4, Step Forward 1, 2, 3 & 4 L Heel tap x2, L Behind, ¼ turn R with R forward, ¼ turn R stepping L to side (6:00) 5.6.7&8 R Heel tap x2, R Behind L, <sup>1</sup>/<sub>4</sub> turn L with L forward, step R forward (3:00) Sec. 2: Rock, Recover, L Back Coaster, Step ½ Turn L, Step Scuff, ¼ Turn R Hitch 1, 2, 3&4 L Forward Rock, Recover weight to R, Step L back, R next to L, Step L forward 5.6 Step R forward, 1/2 Turn L taking weight to L 7 & 8 Step R forward, Scuff L past R, Hitch L as you make 1/4 Turn to the R (12:00) Sec. 3: Cross, Hold, Ball Cross, Ball Heel, Ball Cross, ¼ Turn R, ¼ Turn R, Step Forward 1, 2 Cross L over R, Hold &3, &4 Step ball of R to R, Cross L over R, Step R to R side, Touch L Heel to L diagonal (10:00) Step L back to center, Cross R over L, ¼ Turn R Step back on L(3:00), ¼ Turn R Stepping &5,6,7,8 forward on R, Step forward on L (6:00) Sec.4: Step, Scuff, Hitch, Step, Scuff Hitch, Back, Back, Coaster Cross Step R forward, Scuff L past R, Hitch L, Step L forward, Scuff R past L, Hitch R 1&2 3&4 Walk back R-L, Back on R, Together with L, Step R across L (6:00) 5, 6, 7&8 \*\*\*\*\*\*RESTART HERE ON WALL 1\*\*\*\*\*\* Sec.5: Toe Switches L to R and Front to Back, Step Touch, Take Weight, Step Touch Take Weight Touch L toe to L side, Close L to center, Touch R toe to R Side, Close R to Center (angle 1&2&3&4 body to allow hips to open to the R) Touch L toe forward, Close L to center, Touch R toe back &5,6 Step R behind L as you touch L forward (sitting back on R foot), push up on R leg to take weight on L &7.8 repeat &5, 6 (6:00) Sec.6: 1/2 Turn R Monterey, Kick and Cross, 1/4 Turn R, Together, Knee pops Touch R to R side, bring R to center as you 1/2 turn to R taking weight to R foot (12:00) Kick L 1, 2, 3&4 to diagonal, bring L to center, Cross R over L 1/4 Turn R Stepping back on L, Close R next to L, pop knees raising heels, return heels to 5.6 & 7 & 8 floor and repeat taking weight to L on 8 Sec.7: Step, Together, Swivets, Step, Together, Swivets Step R forward, Bring L together to R 1.2 &3 On heel of L and ball of R – toes of L go to L, heel of R goes to the R, return to center &4 On heel of R and ball of L – toe of R go to R, heel of L goes to the L, return to center weight to R 5,6 Step forward on L, Bring R together to L &7 repeat &3 &8 repeat &4 weight ends on the R

## END OF DANCE! HAVE FUN!!

Please do not alter this step sheet in any way.

If you would like to use on your website please make sure it is in its original format and include all contact details on this script.





**Mur:** 4

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Contact: www.dancinfree.com