You Ain't Alone

Compte: 32

Niveau: Improver

Chorégraphe: Gaye Teather (UK) - January 2013

Musique: You Ain't Alone - Toby Keith : (CD: Hope On The Rocks.)

16 count intro - Dance rotes in CW direction

Side Right. Together. Right Scissor step. Side. Behind & cross & heel

- 1 2Step Right to Right side. Step Left beside Right
- 3&4 Step Right to Right side. Step Left beside Right. Cross Right over Left
- 5 6Step Left to Left side. Cross Right behind Left (dipping knees slightly)
- &7 Small step on Left to Left side . Cross Right over Left
- Small step on Left to Left side. Touch Right heel diagonally forward Right &8

Together. Cross. Quarter turn Left. Left lock step back. Back rock. Shuffle forward

- &1-2 Step Right beside Left. Cross Left over Right. Quarter turn Left stepping back on Right (Facing 9 o'clock)
- Step back on Left. Lock Right over Left. Step back on Left 3&4
- 5 6Rock back on Right. Recover onto Left
- 7&8 Step forward on Right. Step Left beside Right. Step forward on Right

Left forward rock. Left Coaster step. Right forward rock. Right Coaster step

- 1 2Rock forward on Left. Recover onto Right
- 3&4 Step back on Left. Step Right beside Left. Step forward on Left
- 5 6Rock forward on Right. Recover onto Left
- 7&8 Step back on Right. Step Left beside Right. Step forward on Right

Step. Pivot half turn Right. Right side rock. Syncopated weave Right

- 1 2 Step forward on Left. Pivot half turn Right (Facing 3 o'clock)
- 3 4 Rock Left to Left side. Recover onto Right
- Cross Left behind Right. Step Right to Right side. Cross Left over Right 5&6
- Step Right to Right side. Cross Left behind Right. Step Right to Right side. Cross Left over &7&8 Right

Start again





Mur: 4