

Compte: 64 Mur: 2 Niveau: Easy Intermediate

Chorégraphe: Audrey Watson (SCO) - February 2013

Musique: Heidi - Kurt Darren



This dance was written by request for Rachel Lardy – France and, Dedicated to the South African Sunflower Fund

16 Count Intro: Start on Main Vocals

Section One: Back Rock, Walk, Walk, Kick & Point, Kick & Point

1-2 Rock back on right, recover fwd on left.3-4 Walk fwd on right, walk fwd on left.

Kick right foot fwd, step down on ball of right, point left toe to left side.

Kick left foot fwd, step down on ball of left, point right toe to right side.

Section Two: Behind Side, Cross Shuffle, Side Rock, Sailor 1/4 Turn.

1-2 Cross right behind left, step left to left side.

3&4 Cross right over left, step left to left side, cross right over left.

5-6 Rock left to left side, recover on right.

7&8 Turn ¼ left stepping left behind right, step right to right side, step left to left side.

Section Three: Fwd Rock, Shuffle Back, Slide, Slide, Coaster Cross.

1-2 Rock fwd on right, recover back on left,

3&4 Shuffle back on right, left, right.

5-6 Slide left foot back, slide right foot back.

7&8 Step back on left, step right next left, cross left over right.

Section Four: Side Tog, Chasse, Cross Rock, Chasse ¼ Turn.

1-2 Step right to right side, step left next right.

3&4 Step right to right side, close left next right, step right to right side.

5-6 Cross rock left over right, recover back on right.

7&8 Step left to left side, close right next left, turn ¼ left stepping fwd on left.

Section Five: Kick & Point x 2, Behind Unwind ½ Turn, Full Turn or Walk Walk.

1&2 Kick right foot fwd, step down on ball of right, point left foot to left side.
3&4 Kick left foot fwd, step down on ball of left foot, point right foot to right side.
5-6 Step right foot behind left, unwind ½ turn right, (weight on right foot)

7-8 Turn ½ right stepping back on left, turn ½ right stepping fwd on right.

(can be replaced by walk fwd on left, right).

Replace Steps 7-8 Step fwd on left, hold for a beat. Restart the dance from the beginning During Wall 5

Section Six: Jazz box Cross, Side Behind, ¼ Turn, ¼ Turn.

1-2 Cross left over right, step back on right.
3-4 Step left to left side, cross right over left.
5-6 Step left to left side, step right behind left.

7-8 Turn ½ turn left stepping fwd on left, turn ½ left stepping right to right side.

Section Seven: Back Rock, Kick & Cross, Step Hold & Step Touch.

1-2 Rock back on left, recover fwd on right.

3&4 Kick left foot fwd, step down on ball of left, cross right over left.

5-6 Step left to left side, hold for a beat.

& 7-8 Step right next left, step left to left side, touch right next left...

Section Eight: Back Rock, Kick & Cross, Step hold & Step Hold.

1-2 Rock back on right, recover fwd on left.

3&4 Kick right foot fwd, step down on the ball of right, cross left over right.

5-6 Step right to right side, hold for a beat.

& 7-8 Step left next right, step right to right side, Transfer weight to Left foot.

At the end of wall 4 the music slows down, you will be dancing in slow motion, just keep to the beat until it comes back up to speed.

Last Revision - 11th February 2013