Brighten My Day



Compte: 64 Mur: 4 Niveau: Intermediate

Chorégraphe: Joe Parilla (USA) - March 2013

Musique: A Brighter Day - Helena Paparizou : (CD: My Number One)



(Start dance on lyrics) - (NO TAGS OR RESTARTS)

CROSS ROCK, SIDE ROCK, SAILOR SHUFFLE WITH LEFT 1/4 TURN.

1-2 Cross rock LEFT over right, recover on RIGHT.

3-4 Side rock on LEFT, recover on RIGHT.5&6 Sailor shuffle on LEFT, RIGHT, LEFT.

7-8 Step RIGHT forward, ¼ turn left and step on LEFT. (9:00)

CROSS ROCK, SIDE ROCK, SAILOR SHUFFLE WITH RIGHT 1/4 TURN.

1-2 Cross rock RIGHT over left, recover on LEFT.

3-4 Side rock on RIGHT, recover on LEFT.5&6 Sailor shuffle on RIGHT, LEFT, RIGHT.

7-8 Step LEFT forward, ¼ turn right and step on RIGHT. (12:00)

WEAVE TO RIGHT WITH 1/4 TURN RIGHT, 1/2 TURN RIGHT PIVOT, FORWARD SHUFFLE.

1-4 Cross LEFT over right, step RIGHT beside left, step LEFT behind right, ¼ turn right and step

RIGHT forward. (3:00)

5-6 Step LEFT forward, ½ pivot to right and step on RIGHT. (9:00)

7&8 Shuffle forward LEFT, RIGHT, LEFT.

RIGHT KICK BALL CROSS 2X, ½ LEFT HINGE TURN, CROSS-OVER SHUFFLE.

1&2 At right diagonal RIGHT kick, RIGHT step, cross LEFT over right.
3&4 At right diagonal RIGHT kick, RIGHT step, cross LEFT over right.
5-6 Step RIGHT to side, ½ hinge turn to left and step on LEFT. (3:00)

7&8 Crossing shuffle to left – RIGHT, LEFT, RIGHT.

RONDE-STEP FORWARD, BACK-WEAVE INTO A 1/4 TURN RIGHT SAILOR SHUFFLE.

1-2 Arc LEFT foot forward, cross LEFT slightly over and in front of right.

3-4 Step RIGHT back diagonally, step LEFT back diagonally.

5-6 Cross RIGHT back over left, step back on LEFT.

7&8 Swing RIGHT behind left while making ¼ turn to right, step LEFT beside right, step RIGHT

beside left. (6:00)

STEP FORWARD, HOLD, TWIST 1/4 RIGHT, TWIST 1/2 LEFT, FORWARD SKATE.

1-2 Step LEFT forward while leaning slightly forward, HOLD.

3-4 Twist BOTH feet ¼ right and ½ to left (end with weight on LEFT). (3:00)

5-8 Skate forward RIGHT, LEFT, RIGHT, LEFT.

FORWARD ROCK, RECOVER ½ TURN RIGHT TRIPLE, ½ TURN RIGHT, ½ TURN RIGHT, STEP PIVOT ½ TURN RIGHT.

1-2 Rock RIGHT forward, recover on LEFT.

3&4 Right ½ turn shuffle RIGHT, LEFT, RIGHT. (9:00)

Right ½ turn and step LEFT back, right ½ turn and step RIGHT forward.
 Step LEFT forward, right ½ turn pivot and step RIGHT forward. (3:00)

WEAVE TO RIGHT & POINT, WEAVE TO LEFT & POINT.

1-4 Weave to right – Step LEFT over right, step RIGHT to side, step LEFT behind right, point

RIGHT to side.

5-8 Weave to left – Step RIGHT over left, step LEFT to side, step RIGHT behind left, point LEFT to side.

REPEAT

Choreographer Contact Information:

Contact - Joe Parilla EMail: roejoe@aol.com - Address: Ormond Beach, FL 32174 - Phone: 386-569-3238