

Legendary Cowgirl

Compte: 32

Mur: 4

Niveau: Improver / Low Intermediate



Chorégraphe: Phoenix Adamson (NZ) - March 2013

Musique: Legend of a Cowgirl - Imani Coppola

Intro: 24 Counts

KICK BALL CROSS, KICK BALL CROSS, SIDE ROCK, BEHIND – SIDE – CROSS

- 1 & 2 Kick Right Foot Forward On Slight Diagonal, Step Right Next To Left, Cross Left Over Right
- 3 & 4 Kick Right Foot Forward On Slight Diagonal, Step Right Next To Left, Cross Left Over Right
- 5 – 6 – 7 & 8 Rock Right To Side, Recover Weight Onto Left, Cross Right Behind Left, Step Left To Side, Cross Right Over Left

KICK BALL CROSS, KICK BALL CROSS, SIDE ROCK, BEHIND – SIDE – CROSS

- 1 & 2 Kick Left Foot Forward On Slight Diagonal, Step Left Next To Right, Cross Right Over Left
- 3 & 4 Kick Left Foot Forward On Slight Diagonal, Step Left Next To Right, Cross Right Over Left
- 5 – 6 – 7 & 8 Rock Left To Side, Recover Weight Onto Right, Cross Left Behind Right, Step Right To Side, Cross Left Over Right

SIDE ROCK & CROSS, STEP & CROSS, STEP BACK WITH ¼ TURN, WALK, WALK

- 1 – 2 & 3 Rock Right To Side, Recover Onto Left, Cross Right Behind Left (&), Cross Left Over Right
- 4 & 5 Step Right To Side, Step Left To Side (&), Cross Right Over Left
- 6 – 7 – 8 Step Back On Left Making ¼ Turn Right, Walk Forward On Right, Walk Forward On Left (3 O'Clock)

ROCK & SHUFFLE ½ TURN, ROCK & SHUFFLE ½ TURN

- 1 – 2 Rock Forward On Right, Recover Onto Left
- 3 & 4 Shuffle ½ Turn Stepping Right – Left – Right
- 5 – 6 Rock Forward On Left, Recover Onto Right
- 7 & 8 Shuffle ½ Turn Stepping Left – Right – Left

REPEAT

RESTART: Begin Dance Again After 1st 16 Counts On Wall 4 (This Now Becomes Wall 5) (3 O'Clock)

Begin Dance Again After 1st 16 Counts On Wall 8 (This Now Becomes Wall 9) (6 O'Clock)

TAGS & RESTARTS:

On Wall 9 There Is A 16 Count Tag With A Restart That Comes In After 1st 16 Counts (This Now Becomes Wall 10) (6 O'Clock)

TAG 1:

- 1 – 2 – 3 – 4 Rock Right To Side, Recover Onto Left, Step Right Next To Left, HOLD
- 5 – 6 – 7 & 8 Rock Right To Side, Recover Onto Left, Cross Shuffle Stepping Right – Left – Right
- 1 – 2 – 3 & 4 Rock Left To Side, Recover Onto Left, Cross Shuffle Stepping Left – Right – Left
- 5 – 6 – 7 – 8 Rock Right To Side, Recover Onto Left, Step Right Next To Left, HOLD

TAG 2: This Comes In At The End Of Wall 11 (Facing 12 O'Clock)

- 1 – 2 – 3 & 4 Rock Right To Side, Recover Onto Left, Cross Shuffle Stepping Right – Left – Right
- 5 – 6 – 7 & 8 Rock Left To Side, Recover Onto Left, Cross Shuffle Stepping Left – Right – Left

Last Revision - 18th March 2013