A Thousand Years Later

Niveau: Improver / Intermediate

Chorégraphe: Wendy Loh (MY) - March 2013

Compte: 36

Musique: A Thousand Years Later (一千年以後) - JJ Lin (林俊傑)

Dance starts after 16 counts Section 1 : Basic Nightclub R then L, ½ R Step, Side, Behind , Side, Cross Rock Recover, Side 1.2& Step RF to R, Rock LF behind RF, Recover on RF 3,4& Step LF to L, Rock RF behind LF, Recover on LF (12:00) Turn 1/2 R & Step RF forward, Step LF to side, Cross RF behind LF, Step LF to side (6:00) 5,6&7 8&1 Cross Rock RF over LF, Recover on LF, Step RF to side Section 2 : Cross back, Side, Cross front, Side, Cross Rock Recover, Side, Cross Rock Recover, Side, Forward Rock Recover, 1/2 L Step 2&3& Cross LF over RF, Step RF to side, Cross LF behind RF, Step RF to side (6:00) 4&5 Cross Rock LF over RF, Recover on RF, Step LF to side 6&7 Cross Rock RF over LF, Recover on LF, Step RF to side 8&1 Rock LF forward, Recover on RF, Turn 1/2 L & Step LF forward (12:00) Section 3 : 11/2 L Turn, Coaster Step, Walk, Walk, Forward, Rock Recover, 1/2 R Step Turn 1/2 L & Step RF back, Turn 1/2 L & Step LF forward, Turn 1/2 L & Step RF back (6:00) 2&3 4&5 Step LF back, Step RF together, Step LF forward, 6,7 Step RF forward, Step LF forward, 8&1 Rock RF forward, Recover on LF, Turn ¼ R & Step RF to side (9:00) Section 4 : Forward Rock Recover, Coaster Cross Step, Press Step, Full Turn, Side, Behind, Side 2& Rock LF forward, Recover on RF, (9:00) 3&4 Step LF back, Step RF together, Cross LF over RF 5.6 Press step RF diagonally forward, On ball of LF Turn L to make a full turn Step RF to side, Cross LF behind RF, Step RF to side 7.8& Section 5 : Cross Rock Recover, Side, Cross, Touch (4 COUNT) 1,2& Cross Rock LF over LF, Recover on RF, Step LF to side (9:00) 3,4 Cross RF over LF, Step LF beside RF Tag After Wall 4 (12;00) 1-4 Bounce lightly on both feet with both hands slowly raised from the side 5,6,7 Step LF forward, Step RF forward, Step LF forward, 8&1 Rock RF forward, Recover on LF, Turn ¼ R & Step RF to side (3:00) ... and Continue with Section 4

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