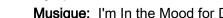
Mood For Dancing

Niveau: Intermediate

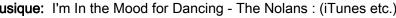
Chorégraphe: Kim Nolan (UK) - April 2013

Musique: I'm In the Mood for Dancing - The Nolans : (iTunes etc.)

Mur: 4



Compte: 32





Intro: Count 32

S1: Walk x 2, Kick Ball Point, Walk x 2, Kick Ball Point

- 1 3 & 4Walk fwd R, L, kick R fwd, step R in place, point L to L side
- 5-7&8 Walk fwd L, R, kick L fwd, step L in place, point R to R side

S2: Forward Rock, R Diag Back Chasse, L Diag Back Chasse, Back Rock

- 1-2 R fwd Rock, recover weight to left
- 3&4 (on R diagonal) step R back, step L to instep of R, step R back
- 5&6 (on L diagonal) step L back, step R to instep of L, step L back
- 7-8 Back R Rock, recover

S3: (twist hips as you Sync Cont. Vine) Side, Cross, Side, Cross, Rock, Cross (repeat sequence to Left)

- &1&2&34 Step R to side, cross L behind R, step R to side, cross L over R, rock R to side, recover, cross R over L
- &5&6&78 Step L to side, cross R behind L, L to side, cross R over L, rock L to side, recover, cross L over R

S4: R & L Sailor steps, Syncopated Rocks with 1/4 Turn

- 1&2 Step R behind left, step L to side, step R next to left (sway arms R to L)
- 3&4 Step L behind right, step R to side, step L next to right (sway arms L to R)
- 5&6 Rock R over L, recover, rock R back, recover
- 7&8& Turn ¼ R (3:00) rock R over L, recover, rock R back, recover

(Repeat Routine)

TAG: 1 x 16ct Tag near end of 3rd Wall, after ct 28 (L Sailor)

Left Sync Weave, Hold, Flick, L & R Sailor steps

1&2,34	Cross R behind left, step L to side, cross R in front of L, hold, flick L front L diag
5&6	Step L behind right, step R to side, step L next to right(sway arms L to R)
7&8	Step R behind left, step L to side, step R next to left (sway arms R to L)

Right Sync Weave, Hold, Flick, R & L Sailors

- 1&2,34 Cross L behind R, step R to side, cross L in front of R, hold, flick R front R diag.
- 5&6 Step R behind left, step L to side, step R next to left (sway arms R to L)
- 7 & 8 Step L behind right, step R to side, step L next to right(sway arms L to R)
- (start routine again)

1 Restart at 2m 30s (Wall 6 after count 28)

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