## An Unhealthy Heart

Compte: 32
Mur: 4
Niveau: Improver
Chorégraphe: Wendy Mager (USA) - April 2013
Musique: Mama's Broken Heart - Miranda Lambert

Intro: 16 counts
Charleston R fwd then L back, Shuffle R fwd, Shuffle L fwd
1-4 Touch $R$ fwd, step $R$ next to $L$, Touch $L$ back, step $L$ next to $R$
5\&6 Step R fwd, step $L$ together, step $R$ fwd
7\&8 Step L fwd, step R together, step L fwd
Side tap R 2x, R Behind-Side-Fwd, Side tap L 2x, L Behind-Side-Fwd
1-2 $\quad$ Touch $R$ toe to the $R$ side twice
3\&4 Step $R$ behind $L$, step $L$ to $L$ side, step $R$ fwd
5-6 Touch $L$ toe to the $L$ side twice
7\&8 Step $L$ behind $R$, step $R$ to $R$ side, step $L$ fwd
R Fwd Rock-Rec., $1 / 2$ Turning Shuffle R, L Fwd Rock-Rec., L Coaster Step
1-2 Rock fwd on $R$, recover to $L$
3\&4 Step $R$ into $1 / 4$ turn $R$, step $L$ next to $R$, step $R$ fwd into $1 / 4$ turn $R$
5-6 Rock fwd on $L$, recover to $R$
7\&8 Step L back, step R next to L, step L fwd
R Kick-Ball-Change, Jazz Box w/ $1 / 4$ turn R, Touch R- Hold
1\&2 Kick $R$ foot fwd, step $R$ next to $L$, step $L$ in place next to $R$
3-6 Cross step $R$ over $L$, $1 / 4$ turn $R$ as you step back on $L$, step $R$ to $R$ side, step $L$ next to $R$
7-8 Touch R next to L, Hold
Tag: At the end of wall 3 (3:00) and wall 6 (6:00)
Rocking Chair R, Weave R w/R Side Rock-Cross, Weave L w/ L Side Rock-Step L
1-4 Rock fwd on $R$, recover to $L$, rock back on $R$, recover to $L$
5\&6 Step $R$ to $R$ side, step $L$ behind $R$, step $R$ to $R$ side
\&7\&8 Cross step $L$ over $R$, rock $R$ to $R$ side, recover to $L$, cross step $R$ over $L$
1\&2
Step $L$ to $L$ side, step $R$ behind $L$, step $L$ to $L$ side
\& $3 \& 4$ Cross step $R$ over $L$, rock $L$ to $L$ side, recover to $R$, step $L$ next to $R$
Restart: On Wall 7(6:00)
Do the first 24 counts but instead $L$ coaster step, counts 23-24 - step $L$ back, touch $R$ next to $L$ then restart on the front wall(12:00)

To finish the dance on the front wall(12:00)
Start wall 9 - instead of the $1 / 2$ turning shuffie, do a $1 / 4$ turning shuffle (facing front wall)and step L foot fwd when the music ends.

Dedicated to Lynn's Line Dancers
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