

Follow Me

Compte: 64

Mur: 2

Niveau: Intermediate / Advanced



Chorégraphe: Darren Bailey (UK), Raymond Sarlemijn (NL) & Fred Whitehouse (IRE) - July 2013

Musique: Follow me (Wisnu)

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- | | |
|------|---|
| 1-2 | Rock forward onto RF, recover onto LF |
| 3&4 | Cross RF behind LF, step LF to L side, cross RF in front of LF |
| 5&6& | Step Lf to L side, twist R heel in, twist R heel back in place, twist L heel in |
| 7&8& | Twist L heel back in place, twist R heel in, twist R heel back in place, close LF next to RF |
| | |
| 1-2 | Cross RF in front of LF, make a 3/4 turn L placing weight onto Lf |
| 3-4& | Make a 1/4 turn L and step RF to R side, cross LF behind Rf, step RF to R side |
| 5-6 | Cross LF over RF, Rock RF to R side |
| 7-8& | Recover onto LF, cross RF behind LF, step LF to L side |
| | |
| 1-2 | Step RF in front of LF, Twist both heel to R |
| 3-4& | Twist both heels back to place, Kick Rf forward, place RF next to LF |
| 5-6 | Step forward on LF, Skate RF to R side |
| 7-8& | Skate Lf to L side, Kick RF forward, place RF next to LF |
| | |
| 1-2 | Lock LF behind RF, Twist both Feet to R making a 1/3 turn L |
| 3-4 | Twist both feet to R making a 1/3 turn L, twist both feet to R making a 1/3 turn L |
| 5-6& | Place R heel across LF, make a 1/8 turn R on R heel stepping LF to L side, Step RF next to Lf |
| 7&8& | Touch L heel forward, close LF next to RF, touch R heel forward, close RF next to LF |
| | |
| 1-2 | Place L heel across RF, make a 1/4 turn L on L heel stepping RF to R side |
| 3&4 | Making a 1/8 turn L step back on LF, step back on RF, step back on LF |
| 5-6 | Step back on RF, bump L hip forward |
| 7-8& | Step back on LF, bump R hip forward, Step RF next to LF |
| | |
| 1-2& | Step forward onto LF, step forward on RF, Rock Lf to L side |
| 3-4& | Recover onto RF, step forward on LF, rock RF to R side |
| 5-6 | Recover onto LF, Cross Rf over LF |
| 7-8& | Making a 1/4 turn R step back on LF, make a 1/4 turn R and step RF to R side, close LF next to RF |
| | |
| 1-3 | Make a big step to R with RF, drag LF toward RF over 2 counts |
| 4 | Hitch L knee up |
| 5-6 | Step Lf to L side, make a 1/4 turn R and hitch R knee up, |
| 7-8 | Making a 1/4 turn R step RF to R side, hitch L knee up |
| | |
| 1-2 | Cross Rock LF over RF, recover onto RF |
| 3&4 | Step forward with LF on R diagonal, Pop chest forward, contract chest back, |
| 5-6 | Step forward on Rf, make a 1/4 turn L |
| 7-8 | Make a 1/2 turn L and step back on RF, make a 1/2 turn L and step forward on LF |

Start Again, and get as funky as you want !

Last Update - 20th Feb 2014

