# Two Step



Compte: 48

Niveau: Phrased Intermediate

Chorégraphe: Lisa Johns-Grose (USA) & Gail Smith (USA) - July 2013

Musique: Two Step (feat. Colt Ford) - Laura Bell Bundy : (Album: Dance Y'all - Volume 1)



## Intro: 24 Counts from the beginning or 16 Counts from the hard down beat - VOCALS - CCW rotation

#### Part A

## SIDE-BEHIND-HEEL BALL CROSS- SIDE-BEHIND-HEEL BALL CROSS

**Mur:** 4

- 1-2 Right side, left behind
- &3&4
  Step right to right, touch left heel diagonally forward, step left down, step right across left
  5-6
  Left side, right behind
- &7&8 Step left to left, touch right heel diagonally forward, step right down, step left across right 12:00

#### \*\*\*\*\* TAG here at the end of wall 2. Happens facing 6:00

#### \*\*\*\*\* RESTART here on wall 4. Happens facing 3:00 (changes to wall 5)

## HINGE TWO 1/4'S LEFT- CROSS SHUFFLE RIGHT- SIDE ROCK -REC- COASTER

- 1-2 Step right back making 1/4 turn left, step left 1/4 turn left
- 3&4 Crossover shuffle right, left, right
- 5&6 Left side rock, recover right
- 7-8 Step left back, step right next to left, step left forward 6:00

#### R KICK-HOOK-KICK, L KICK-HOOK-KICK, PIVOT 1/2, PIVOT 1/4

- 1 & 2 Kick R fwd, hook R in front of L shin, kick R fwd
- &3&4 Step R together, kick L fwd, hook L in front of R shin, kick L fwd
- & 5-6 Step L together, step R fwd, pivot 1/2 turn L
- 7 8 Step R fwd, pivot 1/4 turn L 9:00

\*\*\*\*\* RESTART here on wall 7. Happens facing 3:00

#### SAMBA STEPS, JAZZ BOX-CROSS

- 1 & 2 Step R across L, step ball of L to side, step R in place
- 3 & 4 Step L across R, step ball of R to side, step L in place
- 5 8 Step R across L, step L back, step R to side, step L across R 9:00

#### REPEAT

#### \*\*\*\* TAG: 1/4 TURN HIPS ROLLS ( x4 )

- 1-2 Touch right forward, pivoting ¼ left, rolling your hips counter clockwise
- 3-8 REPEAT steps 1-2 three more times, 1/4 hip rolls, bringing you back to the 6:00 wall 6:00

#### PART B - PHRASED SECTION - 16 Counts (X2) Wall 6 12:00

- STEP- SLIDE, STEP-SLIDE, STEP-TOGETHER, STEP ACROSS (Repeat same steps to left)
- 1-2-3 Step R to side, slide L over to R foot (weight on L), step R to side
- & 4 Slide L over & step next to R foot, step R across L
- 5-6-7 Step L to side, slide R over to L foot (weight on R), step L to side
- & 8 Slide R over & step next to L foot, step L across R

#### 1/4 R STEP FWD, SIDE-BALL-STEP, HITCH, SIDE-BALL-STEP, TOUCH, 3 GRINDS, SWITCH (HEEL)

- 1 & 2 Turn 1/4 R and step R fwd, quick step onto ball of L out to side, step R in place
- 3 & 4 Hitch L diagonal in front of R knee, quick step onto ball of L out to side, step R in place
- & 5-7 Touch L toe fwd and do 3 pelvic grinds keeping weight on R foot
- (option: instead of grinds do syncopated hip bumps end with weight on R foot)

& 8 Step L down in place, tap R heel to fwd diagonal 3:00 YOU WILL REPEAT ALL OF THESE STEPS A SECOND TIME ! 6:00

SIMPLE ENDING: After completing jazz box-cross ...... Unwind 1/2 turn R to face front!

Contact info: Lisa - htmonalisa@aol.com - - - Gail - smith\_n\_western\_2000@yahoo.com