## Pasanda



Compte: 48 Mur: 4 Niveau: Easy Intermediate Chorégraphe: Pat Stott (UK) & Sandra Speck (UK) - August 2013 Musique: Dil Garden Garden Ho Gaya - Vishal Dadlani : (CD: Top 25 Songs of 2012, Bollywood - iTunes) Intro: 16 counts starting from heavy beat, starts on the word Arrey, approx. 14 seconds. TOUCH STEP. TOUCH STEP. TOUCH STEP. 1 - 2Touch right toe forward, step down on right foot 3 - 4Touch left toe forward, step down on left foot 5 - 6Touch right toe forward, step down on right foot 7 - 8Touch left toe forward, step down on left foot Harder alternative for counts 1 - 8, 1-2 Touch right toe forward step down on right foot, 3-4 Make ½ turn right stepping back on left toe, step down on left foot step down on right foot, 5-6 Make ½ turn right stepping forward on right toe, step down on right foot, 7-8 Touch left toe forward, step down on left foot HITCH TOUCH FORWARD, HITCH TOUCH SIDE, RIGHT HEEL TOE, LEFT HEEL TOE 1 - 2Hitch right knee, touch right toe in front of left 3 - 4Hitch right knee, touch right toe to right side 5 - 6Twist right heel to right side, twist right toe to right side, transferring weight to right foot 7 - 8Twist left heel to right, twist left toe to right (weight on right foot) BEND HEEL, BEND HEEL, HITCH BACK, HITCH BACK 1 - 2Transferring weight to left foot bend both knees slightly, straighten up and touch right heel forward towards right diagonal 3 - 4Transferring weight to right foot bend both knees slightly, straighten up and touch left heel forwards towards left diagonal \*\*Tag here, wall 6 5 - 6Hitch left knee, step back on left 7 - 8Hitch right knee, step back on right foot HITCH BACK, HITCH 1/4 TURN RIGHT, HIP PUSH FORWARDS X 2 1 - 2Hitch left knee, step back on left 3 - 4Hitch right knee, step back on right foot, body facing towards right diagonal, only the toe of the left foot in contact with the floor 5 - 8With weight on right foot push hips forwards, back, forwards, back (easy option hip bumps, Ir-l-r) Styling option for counts 3-8. 3-4 Bring right arm forward and up in a clockwise direction, leaning slight back on right foot 5-8 With right arm in the air, twist the light bulb action with hand X 2, left hand on left hip STEP SWEEP, CROSS SIDE BEHIND POINT, CROSS HITCH TURN 1 - 2Facing 12 o'clock, step forward on left foot, sweep right foot out and forward 3 - 4Cross right foot over left, step left foot to left side 5 - 6Step right foot behind left, point left foot to left side turning body towards right diagonal (1.30) Cross left foot over right (still facing 1.30) hitch right knee, make ½ turn left on ball of left foot 7 - 8to face back diagonal (7.30)

## STEP KICK, BACK TOUCH, STEP, PADDLE TURNS x 2, TOGETHER

1 – 2 Step forward on right foot, still facing diagonal (7.30), kick left foot forward

3 – 4 Step back on left foot, touch right toe slightly back

5 – 6& Step forward on right foot, touch left toe forward paddle 3/8 right

7 & 8 Touch left toe forward paddle ¼ right, close left foot next to right (3 o'clock)

Styling option for counts 5 – 8 Arms out to side, slightly bent, palms facing down, lean into turn

\*TAG, wall 6 after count 4, section 3, STEP PADDLE ¼, STEP PADDLE ¼, STEP PADDLE ¼

5,6&7&8& Step forward on left foot, step forward on right toe paddle ¼ turn left X 3

Re-start dance from the beginning facing 6 o'clock

Dil garden garden ho gaya is a slang kind phrase which is a parody on Hindi idiom 'dil bag bag hona', which literally translates to 'Heart becoming garden', but actually means being very happy (from the meaning heart getting blossomed like a garden).

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