# A & A On Our Mind

Niveau: Intermediate

Chorégraphe: Nathalie Martin (FR) - August 2013

Musique: Last Thing On My Mind - Ronan Keating & LeAnn Rimes : (CD:Turn It On, Ronan Keating)

Alt. music: "Stella I" by Swamp Rat - [96 bpm] (cd:Swamp Rat)

**Mur:** 4

Intro: 8 counts, on the 2 musics.

Compte: 48

# SIDE RIGHT, STEP FORWARD (= end of Jazz Box), TRIPLE LOCK STEP BACK, POINT BACK, UNWIND, TRIPLE STEP FORWARD

- 1 2 Right foot to side, left foot step forward,
- 3 & 4 Triple lock step back (R-L-R),
- 5-6 Point left back, unwind  $\frac{1}{2}$  turn to left (end weight on left foot),
- 7 & 8 Triple step forward (R-L-R),

### SWAYS, TRIPLE LOCK STEP BACK, POINT BACK, UNWIND, TRIPLE STEP FORWARD

- 9 10 Left foot to side with sway, right foot to side with sway,
- 11 & 12 Triple lock step back (L-R-L),
- 13 14 Point right back, unwind ½ turn to right (end weight on right foot),
- 15 & 16 Triple step forward (L-R-L)

### SIDE, CROSS BEHIND, SIDE ROCK-CROSS BEHIND, SIDE, CROSS OVER, SIDE ROCK-CROSS OVER

- 17 18 Right foot to side, left foot cross behind right foot,
- 19 & 20 Rock right foot to side, recover to the left, right foot cross behind left foot,
- 21 22 Left foot to side, right foot cross over left foot,
- 23 & 24 Rock left foot to side, recover to the right, left foot cross over right foot,

# SIDE, BEHIND, ¼ TURN & TRIPLE STEP FORWARD, STEP ½ TURN, SYNCOPATED TRAVELLING PIVOT-STEP

- 25 26 Right foot to side, left foot cross behind right foot,
- 27 & 28 <sup>1</sup>/<sub>4</sub> turn to the right and triple step forward (R-L-R),
- 29 30 Step forward on left, <sup>1</sup>/<sub>2</sub> turn to the right and step forward on right,
- 31 & 32 <sup>1</sup>/<sub>2</sub> turn to the right and step back on left, <sup>1</sup>/<sub>2</sub> turn to the right and step forward on right, step forward on left

#### LUNGE, DRAG, SAILOR STEP with ¼ TURN LEFT, FULL TWIST TURN RIGHT

- 33 34 Long step with right foot to side, left foot drag next to right foot (weight stay on right foot),
- Left foot step behind right foot with ¼ turn to the left, right foot to side, left foot step on place,
- 37 40Right foot cross behind left foot, unwind complete 1 turn to the right during 3 counts (ending<br/>weight on right foot)

## Restart on music "Last Thing On My Mind": on the 2nd wall, restart the dance at the begining (Be careful, the counts 37 – 40 are modified during the Restart! Explanation at the end of choreography)

# SIDE, BEHIND, ¼ TURN & TRIPLE STEP FORWARD, SIDE, HINGE ½ TURN, LOCK, BACK (= start half of Jazz Box)

- 41 42 Left foot to side, right foot cross behind left foot,
- 43 & 44 <sup>1</sup>/<sub>4</sub> turn to the left and triple step forward (L-R-L),
- 45 46 Right foot to side, ½ turn to the left (on right leg) and left foot to side,
- 47 48 Right foot cross over left foot, step back on left.

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### On music "Last Thing On My Mind":

#### Restart: On the second wall, replace counts 37 - 40 with:

37-40 Right foot cross over left foot, unwind  $\frac{3}{4}$  turn to the left during 3 counts (ending weight on left foot) (and then you are on 6:00) and restart the dance at the beginning (make the first 40 counts and restart the dance at the beginning).

### TAG (8 counts) at the end of 4th wall, make the TAG and restart the dance at the bigining: (SIDE, TOUCH)x2, SIDE, (HINGE ½ TURN)x2, TOGETHER

- 1 2 Right foot to side, left foot touch next to right foot,
- 3 4 Left foot to side, right foot touch next to left foot,
- 5-6 Right foot to side,  $\frac{1}{2}$  turn to the left (on right legg) & left foot to side,
- 7-8  $\frac{1}{2}$  turn to the left (on left legg) & right foot to side, left foot step next to right foot.

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#### On music "Stella I":

TAG (4 counts) at the end of 2nd and 4th walls, make the TAG and restart the dance at the bigining: SLOW THREE STEP TURN, TOGETHER

- 1-2 1/4 turn to the right & step forward on right foot, 1/4 turn to the right & left foot to side,
- 3-4  $\frac{1}{2}$  turn to the right & right foot to side, left foot step next to right foot (ending weight on left foot).

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