Set Me Free



Compte: 32 Mur: 4 Niveau: High Intermediate

Chorégraphe: Shaz Walton (UK) - August 2013 **Musique:** Gravity - Sara Bareilles : (iTunes)



Intro 18 counts. Just before lyrics.

Rock, recover. Togethe	r. Forward. ½	2. 1/2 swee	o. Behind.	side.	. cross. Sweep.	

1-2 Rock forward on right. Recover on left.

&3-4 Step right beside left. Step forward left. Pivot ½ turn right.

5 Make ½ turn right stepping back left, sweeping right from front to back.
6&7 Cross step right behind left. step left to left side. Cross step right over left.

8 Sweep left foot from back to front and across right (weight right) ***

Sweep. Sailor ½ point. Point back. ½ sweep. Cross rock, ¼. ½. Back. Lunge.

1 Sweep left from front to back.

2&3 Cross step left behind right making ¼ left. Make ¼ left stepping right to right side. Point left

toes forward.

4-5 ** Point left toes back. Make ½ turn left dropping weight to left as you sweep right from back

to front.

6&7 Cross rock right over left. Recover on left. Make ¼ right stepping right forward.

8&1 Make ½ turn right stepping back left. Step right beside left. Lunge forward onto left.

Recover. Lunge. ¼ drag. ¼ forward. Rock, recover. ¼. Step. ½

2& Recover right. Step left beside right.

3-4-5 Lunge forward on right. Drag left up to right as you make ¼ left. Make ¼ left stepping left

forward.

6&7 Cross rock right over left. Recover on left. Make ¼ right stepping right forward.

8& Step forward left. Make ½ turn right.

Side. back. Cross. Side. Touch. 1/4. Rock, recover. 1/2. Forward.

1-2& Step left to left. Cross step right behind left. Cross step left over right.
3-4 Step right to right. Touch left beside right. (Optional floaty arms!)
5-6& Make ¼ turn left stepping forward left. Rock forward right. Recover left.

7-8 Make ½ turn right stepping right forward. Step left forward.

Tag 1 – 4 counts- happens after walls... 1 (3 O' Clock)2 (6 O'clock) 5 (6 O'Clock) 7 (9 O'Clock)

1-2 Rock forward right. Recover on left.

3-4 Rock Back on right. Recover on left. (Rocking Chair)

Restart. Wall 4 - Dance to count 12** replace count 12 with a step forward on left & begin again from the beginning facing 3 O Clock.

Restart. Wall 7 – Dance up to count 8. Step left foot down & add Tag 1.

Tag 2 - wall 9 - facing 12 O'clock

HOLD for 4 Counts..... do something dramatic... arms... whatever you want.... then start from the beginning facing 12 O'clock

SEQUENCE: 1(T1) - 2(T1) - 3 - 4(R) - 5(T1) - 6 - 7 (R&T1) 8 (Tag 2)

9 - 10 - 11 BIG DRAMATIC FINISH