She's Not Hurting Me

Niveau: High Beginner / Easy Intermediate

Chorégraphe: Denise Smith (AUS) - February 2014

Musique: She's Not Hurting Me Tonight - Red Jenkins

Mur: 4

STEP, LOCK. STEP, SCUFF, STEP, LOCK, STEP, SCUFF

- 1-4 Step R forward, Lock L behind R, Step R forward, Scuff L forward
- 5-8 Step L forward, Lock R behind L, Step L forward, Scuff R forward

ROCK FORWARD, RECOVER, SHUFFLE 1/4 RIGHT, JAZZ BOX, TOUCH

- 1,2 Rock R forward, Recover onto L
- 3&4 Turn ¼ right step R to right, Step L beside R, Step R to right
- 5-8 Cross L over R, Step R back R, Step L to left, Touch R beside L

RESTART: Wall 3

Compte: 64

MONTEREY 1/4 RIGHT, MONTEREY 1/4 RIGHT

- 1-4 Touch R to right, Turn ¼ right step R beside L, Touch L to left, Step L beside R
- 5-8 Touch R to right, Turn ¼ right step R beside L, Touch L to left, Step L beside R

HEEL, HOOK, HEEL, FLICK, STEP, LOCK, STEP, HOLD

- 1-4 Touch R heel forward, Hook R in front of L knee, Touch R heel forward, Flick to side
- 5-8 Step R forward, Lock L behind R, Step R forward, Hold

STEP, PIVOT 1/4 RIGHT, CROSS, HOLD, SIDE, BEHIND, SIDE, CROSS

- 1-4 Step L forward, Pivot ¼ right, Cross L over R, Hold
- 5-8 Step R to right, Step L behind R, Step R to right, Cross L over R

ROCK RIGHT, RECOVER, CROSS, HOLD, ROCK LEFT, RECOVER, ACROSS, HOLD

- 1-4 Rock R to right, Recover onto L, Cross R over L, Hold
- 5-8 Rock L to left, Recover onto R, Cross L over R, Hold

STEP, PIVOT 1/2 LEFT, STEP, HOLD, STEP, PIVOT 1/4 RIGHT, STEP, HOLD

- 1-4 Step R forward, Pivot ½ left, Step R forward, Hold
- 5-8 Step L forward, Pivot ¼ right, Step L Forward, Hold

MAMBO FORWARD, HOLD, MAMBO BACK, HOLD

- 1-4 Rock R forward, Recover onto L, Step R back, Hold
- 5-8 Rock L back, Recover onto R, Step L forward, Hold
- [64] REPEAT

RESTART: During Wall 3, dance to count 16 then Restart.

Contact: denise.smith8@bigpond.com



