# My Heart is Filled .... (With You)

Niveau: Beginner

Chorégraphe: Annette Haslund (DK) - September 2013

Musique: You Got Me - Colbie Caillat : (Album: Breakthrough - iTunes)

## Intro (28 count)

Compte: 32

### R+L TOE STRUT, R ROCK STEP, R SHUFFLE ½ TURN

Step R toe forward, drop R heel (weight on R), Step L toe forward, drop L heel (weight on L)\* 1 - 4

#### \* Restart dance after 4 count on wall 10

- 5 6 Rock R forward, recover on L
- 7&8 1/4 turn R stepping R to side, step L together, 1/4 turn R stepping R to side (6 o'clock)

#### L+R TOE STRUT, L ROCK STEP, L SHUFFLE ½ TURN

- Step L toe forward, drop L heel (weight on L), Step R toe forward, drop R heel (weight on R) 1 - 4
- 5 6 Rock L forward, recover on R
- 7&8 1/4 turn L stepping L to side, step R together, 1/4 turn L stepping L to side (12 o'clock)

#### **R VINE CROSS, SIDE ROCK, CROSS SHUFFLE**

- 1 4 Step R to R side, step L behind R, step R to R side, cross L over R
- 5 6 Rock R to R side, recover on L
- 7&8 Cross R over L, step R to R side, cross R over L (12 o'clock)

#### R ¼ TURN, R ½ TURN, L SHUFFLE, R ROCKING CHAIR

- 1 2 1/4 turn stepping back on L, 1/2 turn stepping forward on R (9 o'clock)
- 3&4 Step forward on L, step R together, step forward on L
- 5 8 Rock R Forward, recover on L, Rock R back, recover on L

#### **RESTART THE DANCE**

Restart: on wall 10 after the first 4 count (6 o'clock)

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Last Update - 10th Dec 2014





**Mur:** 4