

# Please Mr Postman

**COPPER** KNOB  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Aiden Fryer (UK) - May 2014

**Musique:** Please Mr. Postman - Amanda Fondell : (Album: All This Way)



## Start 16 Counts

### Chasse Right Rock Back Recover, Left Strut Right Strut Across X2 ,

- 1&2 Step Right To Right , Left Next To Right , Right To Right Side
- 3-4 Rock Left Behind Right Recover Onto Right
- 5-6 Left Toe Strut,
- 7-8 Right Toe Strut Across Left

### Chasse Left Rock Back Recover, Step Pivot ¼ Turn Left Step Pivot ¼ Turn Left ,

- 1&2 Step Left To Left Side Right Next To Left Step Left To Left Side
- 3-4 Rock Right Behind Left Recover Onto Left
- 5-6 Step Forward On Right Turning ¼ To Right Weight On Left
- 7-8 Step Forward On Right Turning ¼ To Right Weight On Left

### Jazz box Stepping Forward Right Shuffle Forward , ¼ Turn Left Shuffle Forward

- 1-2 Cross Right Over Left Step Back On Left
- 3-4 Step Right To Right Side Step Forward On Left
- 5&6 Step Right Forward , Left Towards Right Step Right Forward
- 7&8 ¼ Turn Left Step Left Forward, Right Towards Left , Step Forward On Left

### Jazz box ¼ Right With Cross Point Right Toe Out , Right Across , Unwind ¾ Turn Left , Flick Right Foot Behind

- 1-2 Cross Right Over Left , Make ¼ Right , Step Left Back ,
- 3-4 Right To Right Side Cross Left Over Right
- 5-6 Point Right Toe To Right Side Cross Right Over Left
- 7-8 Point Right To To Right Side , Cross Right Over Left Unwind ¾ Turn Stepping Left To Left Side , And Flicking Right Foot Behind

## End Of Dance - Enjoy

Contact: <http://www.aidenfryerdance.moonfruit.com>

---