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| Nothin' Better (超幸運) (zh) |  |

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| **拍数:** | 64 | **墙数:** | 2 | **级数:** | Intermediate | . |
| **编舞者:** | Neville Fitzgerald (UK) & Julie Harris (UK) - 2010年09月 |
| **音乐:** | One In a Million - Ne-Yo |
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**前奏： Starts After 32 Counts.  32拍後起跳**

**第一段**

**Back, Back, 1/2, Right Lock Step, Rock Step, Sailor 1/2 Cross.**

**後 後 轉, 前鎖步, 下沉 回復, 轉水手**

**1-3**

**Step back on Left, step back on Right, make 1/2 turn to Left stepping forward Left.  左足後踏, 右足後踏, 左轉180度左足前踏**

**4&5**

**Step forward on Right, lock Left behind Right, step forward on Right.**

**右足前踏, 左足於右足後鎖踏, 右足前踏**

**6-7**

**Rock forward on Left, recover on Right.  左足前下沉, 右足回復**

**8&1**

**Make 1/4 turn Left cross stepping Left behind Right, 1/4 Left stepping Right next to Left, cross step Left over Right.**

**左轉90度左足於右足後交叉踏, 左轉90度右足併踏, 左足於右足前交叉踏**

**第二段**

**Full Turn Unwind, Right Shuffle, Cross, Side, Behind, 1/8, 1/8.**

**繞轉圈, 前交換, 交叉, 右, 後 1/8 1/8**

**2-3**

**Unwind full turn to the Right. (over 2 counts)  右繞轉圈**

**4&5**

**Step forward on Right, step Left next to Right, step Forward on Right.**

**右足前踏, 左足併踏, 右足前踏**

**6-7**

**Cross step Left over Right, step Right to Right side.**

**左足於右足前交叉踏, 右足右踏**

**8&1**

**Preparing to turn cross step Left behind Right, making 1/8 turn to Left step back on Right, making 1/8 turn to Left step Left to Left side. (9:00)**

**左足於右足後交叉踏, 左轉45度右足後踏, 左轉45度左足左踏(面向9點鐘)**

**\*\*R\*\* RESTART With Step Change Wall 5, Dance up to and including Count 5 Section 2… Then…第五面牆跳至第5拍後, 6-8換成下列動作後, 從頭起跳**

**6-8**

**Rock forward on Left, recover on Right, drag Left back next to Right... Then Restart dance from beginning**

**左足前下沉, 右足回復, 左足拖併,  從頭起跳**

**第三段**

**Together, Step, Right Lock Step, Step, 3/4 Spiral, Chasse Right.**

**併, 踏, 前鎖步, 踏, 3/4, 右追步**

**2-3**

**Step Right next to Left, step forward on Left.**

**右足併踏, 左足前踏**

**4&5**

**Step forward on Right, lock Left behind, step forward on Right.**

**右足前踏, 左足於右足後鎖踏, 右足前踏**

**6-7**

**Step forward Left, on ball of Left make 3/4 turn to Right. (Right will be slightly raised & slightly hooked across Left)**

**左足前踏, 重心在左足右轉270度(右足略於左足前勾)**

**8&1**

**Step Right to Right side, step Left next to Right, step Right to Right side.  右足右踏, 左足併踏, 右足右踏**

**第四段**

**Cross Rock, Chasse 1/4, Step, 1/2, 3/4 Triple Cross.**

**交叉下沉, 追步轉, 踏 轉, 1/2 1/4 交叉**

**2-3**

**Cross rock Left over Right, recover on Right.**

**左足於右足前交叉下沉, 右足回復**

**4&5**

**Step Left to Left side, step Right next to left, make 1/4 turn Left stepping forward Left.**

**左足左踏, 右足併踏, 左轉90度左足前踏**

**6-7**

**Step forward on Right, make 1/2 turn to Right stepping back on Left.**

**右足前踏, 右轉180度左足後踏**

**8&1**

**Make 1/2 turn to Right stepping forward on Right, 1/4 turn Right stepping Left to Left side, cross step Right over Left.**

**右轉180度右足前踏, 右轉90度左足左踏, 右足於左足前交叉踏**

**\*R\* RESTART With Step Change Wall 2, Dance up to and including Count 6 (30) Section 4.. Then..  第二面牆跳至第6拍後, 7-8改跳下列動作後, 從頭起跳**

**7-8**

**Pivot 1/2 turn to Left, make 1/4 Left stepping Right to Right side... Then Restart dance from beginning…**

**左軸轉180度, 左轉90度右足右踏,  從頭起跳**

**第五段**

**Side, Touch, Touch & Side/Sway, Sway, Sway, Drag & Cross.**

**左, 點, 點 併點 右擺臀, 左擺臀, 右擺臀, 拖 併 交叉**

**2-3**

**Step Left to Left side, touch Right next to Left.**

**左足左踏, 右足併點**

**4&5**

**Touch Right to Right side. Touch Right next to Left, step Right to Right side swaying hips Right.  右足右點, 右足併點, 右足右踏右擺臀**

**6-7**

**Sway hips Left-Right.  左擺臀, 右擺臀**

**8&1**

**Drag Left in toward Right, step Left to Right, cross step Right over Left.  左足拖併, 左足併踏, 右足於左足前交叉踏**

**第六段**

**1/4 Rock, Recover, Lock Step Back, Out, Out, Rock & Side.**

**1/4下沉, 回復, 後鎖步, 大, 大, 交叉曼波**

**2-3**

**Make 1/4 turn Left rocking forward on Left, recover on Right.**

**左轉90度左足前下沉, 右足回復**

**4&5**

**Step back on Left, lock Right over Left, step back on Left.**

**左足後踏, 右足於左足前鎖踏, 左足後踏**

**6-7**

**Step Right to Right side, step Left to Left side.**

**右足右踏, 左足左踏**

**8&1**

**Cross rock Right over Left, recover on Left, step Right to Right side.**

**右足於左足前交叉下沉, 左足回復, 右足右踏**

**第七段**

**Rock & Side & Rock, Back Together Back, Back, 1/2, Step 1/2 Point.**

**交叉下沉 回復 左 下沉, 後交換, 後 1/2, 踏 轉 點**

**&2&3**

**Cross rock Left over Right, recover on Right, step Left to Left side, rock forward on Right.**

**左足於右足前交叉下沉, 右足回復, 左足左踏, 右足前下沉**

**4&5**

**Step back on Left, step Right next to Left, step back on Left.**

**左足後踏, 右足併踏, 左足後踏**

**6-7**

**Step back on Right, make 1/2 turn to Left stepping forward on Left.**

**右足後踏, 左轉180度左足前踏**

**8&1**

**Step forward on Right, pivot 1/2 turn to Left, point Right to Right side.  右足前踏, 左軸轉180度, 右足右點**

**第八段**

**Sailor Full Turn & Cross, Rock, Recover, Cross, 1/4.**

**水手轉圈, 交叉, 左下沉 回復, 交叉, 1/4**

**2&3**

**Make 1/4 turn to Right cross stepping Right behind Left, 1/4 Right stepping Left next to Right, 1/4 Right stepping Right across Left.**

**右轉90度右足於左足後交叉踏, 右轉90度左足併踏, 右轉90度右足於左足前交叉踏**

**&4**

**1/4 Right stepping Left next to Right, cross step Right over Left.**

**右轉90度左足併踏, 右足於左足前交叉踏**

**5-8**

**Rock to Left side on Left, recover on Right stepping slightly back, cross step Left over Right, Make 1/4 turn Right stepping forward on Right.**

**左足左下沉, 右足回復, 左足於右足前交叉踏, 右轉90度右足前踏**