|  |  |
| --- | --- |
| Fabulous |  |

.

|  |
| --- |
| . |
| **拍数:** | 96 | **墙数:** | 2 | **级数:** | Intermediate | . |
| **编舞者:** | Glenda Silver (AUS) - January 2015 |
| **音乐:** | Fabulous - Cliff Richard : (iTunes) |
| . |

**#16 Count Intro**

**S1: 2 X 180 DEG MONTEREY TURNS**

|  |  |
| --- | --- |
| 1-2-3-4 | Touch R toe to side, turn 180 deg R step together, touch L to side, L together. |

|  |  |
| --- | --- |
| 5-6-7-8 | Repeat. |

**S2: TOE STRUTS R,L,R,L**

|  |  |
| --- | --- |
| 1-2-3-4 | Travelling forward, touch R toe forward, drop heel ,touch L toe forward drop heel |

|  |  |
| --- | --- |
| 5-6-7-8 | Repeat. |

**S3: ROCK FORWARD AND BACK,ROCK BACK AND FORWARD.**

|  |  |
| --- | --- |
| 1-2-3-4 | Rock forward R, rock back onto L, back onto R hold. |

|  |  |
| --- | --- |
| 5-6-7-8 | Rock back L, forward onto R, forward L hold. |

**S4: TOE STRUTS R L,PIVOT STEP HOLD**

|  |  |
| --- | --- |
| 1-2-3-4 | Toe strut R forward, toe strut L forward. |

|  |  |
| --- | --- |
| 5-6-7-8 | Step R forward ½ turn L, (weight on L) step forward R hold.\* . |

|  |
| --- |
|  |

**S5: TOE STRUTS L R,PIVOT STEP HOLD**

|  |  |
| --- | --- |
| 1-2-3-4 | Toe strut L forward, toe strut R forward. |

|  |  |
| --- | --- |
| 5-6-7-8 | Step L forward ½ turn R (weight on right) step L forward hold. |

**S6: FRIEZE RIGHT AND FRIEZE LEFT**

|  |  |
| --- | --- |
| 1-2-3-4 | Step R to the side, L behind R step R to the side touch L beside R |

|  |  |
| --- | --- |
| 5-6-7-8 | Repeat on L side. |

**S7: SIDE SHUFFLE RIGHT ROCK BACK L & SIDE SHUFFLE LEFT ROCK BACK R**

|  |  |
| --- | --- |
| 1&2-3-4 | Step side R together with L, step side R, rock back L behind R, replace onto R |

|  |  |
| --- | --- |
| 5&6-7-8 | Step side L together with R, step side L, rock R behind L, replace onto L. |

**S8: LOCK STEP R & L WITH SCUFF**

|  |  |
| --- | --- |
| 1-2-3-4 | Step forward R 45 deg, step L behind R (lock) step R 45 deg, scuff L forward. |

|  |  |
| --- | --- |
| 5-6-7-8 | Repeat on L side. |

**S9-10: ROCKING CHAIR R&L,PIVOT STEP TOGETHER.\*\***

|  |  |
| --- | --- |
| 1-2-3-4 | Rock forward onto R, rock back onto L, step R back, replace weight back onto L |

|  |  |
| --- | --- |
| 5-6-7-8 | Step R forward ¼ turn L (weight on L), step R together hold. |

|  |  |
| --- | --- |
| 1-2-3-4 | Rock forward L, rock back onto R, step L back, replace weight back onto R. |

|  |  |
| --- | --- |
| 5-6-7-8 | Step L forward ¼ turn R (weight on R), step L together hold. |

**S11: TOE STRUT R & L TURN FORWARD HOLD**

|  |  |
| --- | --- |
| 1-2-3-4 | Touch R toe forward drop heel, touch L toe forward drop heel. |

|  |  |
| --- | --- |
| 5-6-7-8 | Step R forward ½ turn L (weight on L), step R forward hold. |

**S12: TOE STRUT L&R ROCK FORWARD COASTER STEP.**

|  |  |
| --- | --- |
| 1-2-3-4 | Touch L toe forward drop heel, touch R toe forward drop heel. |

|  |  |
| --- | --- |
| 5-6-7&8 | Rock L forward back onto R, back L together R, step L forward. |

**RESTART - \* Walls 2 & 5 facing 12.00 & 6.00,dance up to beat 32 step forward L touch R next to L.**

**FINISH - \*\* (will be facing the back). Dance the first 12 beats of the rocking chair, then rock forward onto left foot back onto right foot turn ¼ turn left to face the front step side left.( 5 6 7 8 ).**

**CONTACT- Glenda Silver email: mg.silver@bigpond.com - MOB- 0427927019**

**Last Update – 1st Feb 2015**