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| Islands In The Stream (河溪中的島嶼) (zh) |  |

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| **拍数:** | 32 | **墙数:** | 4 | **级数:** | Intermediate | . |
| **编舞者:** | Karen Jones (UK) - 1999年05月 |
| **音乐:** | Islands in the Stream - Dolly Parton & Kenny Rogers |
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**第一段**

**Side, Back Rock, Recover, Chasse Right, Cross, Full Turn, Chasse Left**

**側, 後下沉, 回復, 右追步, 交叉, 轉圈, 左追步**

**1-3**

**Left Foot Step Side Left, Right Foot Rock Behind Left Left Foot, Recover Weight   左足左側踏，右足在左足後下沉，重心回復**

**4&5**

**Right Foot Side Step, Left Foot Close Next To Right, Right Foot Step To Right Side  （向右追步）**

**6-7**

**Left Foot Cross Over Right, Unwind A Full Turn Right (Weight Ending On Right Foot)  左足交叉於右足前，向右轉一圈**

**8&1**

**Left Foot Side Step, Right Foot Close Next To Left, Left Foot Step To Left Side  （向左追步）**

**第二段**

**Back Rock, Recover, Kick Ball Cross, Side Rock, Recover, Right Sailor Step  後下沉, 回復, 踢交換交叉, 側下沉, 回復, 右水手步**

**2-3**

**Right Foot Rock Behind Left, Recover On To Left Foot**

**右足在左足後下沉，左足回復**

**4&5**

**Right Foot Kick Diagonally Forward, Step Back Slightly On Ball Of Right Foot, Left Foot Cross Over Right**

**右足右前斜對角踢，右足後踏，左足在右足前交叉踏**

**6-7**

**Right Foot Rock Out To Right Side, Recover Weight On To Left Foot**

**右足右側下沉，左足回復（重心移至左足）**

**8&1**

**Right Foot Step Behind Left, Left Foot To Left Side, Right Foot Replace Slightly To Right Side**

**（右水手步）右足在左足後踏，左足左側踏，右足右側踏**

**第三段**

**Left Sailor With ¼ Turn Left, Right Forward Shuffle, ½ Turn Back To Right, Hold, Rock Back, Recover Forward**

**左轉1/4左水手步, 右前交換步, 右後轉1/2, 候, 後下沉, 前回復**

**2&3**

**Left Foot Behind Right, ¼ Left Stepping Right Foot To Right Side, Replace Left**

**（左水手步左轉）左足在右足後踏，右足左轉右側踏，左足踏**

**4&5**

**Right Shuffle Forward (Stepping Right Together Right)**

**（往前交換步）左足前踏，右足踏並**

**6**

**Pivot ½ Turn Right Stepping Weight Back On To Left Foot While Pivoting On Ball Of Right Foot**

**以右足掌右後轉180度，左足後踏（重心左足）**

**7**

**Hold     候**

**8-1**

**Right Foot Rock Back, Recover Weight Forward On To Left Foot**

**右足後下沉，左足前回復**

**第四段**

**Prissy Walk Right, Left, Reverse Sailor Step, Syncopated Jazz Box**

**右拘謹走步, 左, 反向水手步, 變奏爵士方塊**

**2-3**

**Right Foot Cross Over Left Angling Body To Left Corner, Left Foot Cross Over Right Angling Body To Right Corner**

**右足交叉於左足前，左足交叉於右足前**

**Alternative Easier Steps: 簡易版: 走步(右, 左)**

**Just Walk Forward Right Left On Balls Of Feet To Enable The Angling Of The Body**

**4&5**

**Right Foot Cross Over Left, Left Ball Of Foot Step To Left Side, Right Foot Replace Slightly To Right Side**

**右足交叉於左足前，左足掌左側踏，右足右側踏**

**Alternative Easier Steps: 簡易版**

**Triple In Place Right Left Right   小三步(右, 左, 右)**

**6-7**

**Left Foot Cross Over Right, Right Foot Step Back**

**左足交叉於右足前，右足後踏**

**&8**

**Left Foot Step Back Slightly Further Than Right Foot, Right Foot Cross Over Left   左足略在右足後踏，右足交叉於左足前**