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| Hai Yu Lian |  |

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| **拍数:** | 96 | **墙数:** | 2 | **级数:** | Phrased Easy Intermediate | . |
| **编舞者:** | Jennifer Jou (TW) - November 2015 |
| **音乐:** | Hai Yu Lian By Siao Jing Teng |
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**Intro:16 counts - Sequence:A/B / B/B /A/B / B/B /B/Tag/B**

**Part A:32 counts**

**Sec A1: RUN FWD R L R L,ROCK R,ROCK L,ROCK R,ROCK L**

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| 1 2 3 4 | Run fwd on R L R L |

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| 5 6 7 8 | Step RF to R and rock to R,rock L,rock R,rock L |

**Sec A2:RIN BACK R L R L,ROCK R,ROCK L,ROCK R,ROCK L**

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| --- | --- |
| 1 2 3 4 | Run back on R L R L |

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| 5 6 7 8 | Step RF to R and rock to R,rock L,rock R,rock L |

**Sec A3:SIDE,TOG,SIDE,KICK,SIDE,TOG,SIDE,KICK**

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| 1 2 3 4 | step RF to R ,step LF together,step RF to R,kick LF to L diagonal |

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| 5 6 7 8 | Step LF to L,step RF together,step LF to L,kick RF to R diagonal |

**Sec A4:SIDE,KICK,SIDE.KICK,SWIVEL HEELS RLRL**

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| 1 2 3 4 | Step RF to R,kick LF,step LF to L,kick RF |

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| 5 6 7 8 | Swivel both heels R L R L (weight to L) |

**Part B: 64 counts**

**Sec B1: KICK,TOG,KICK,TOG**

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| 1 2 3 4 | kick R forward,step RF beside L,kick LF fwd,step LF beside R |

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| 5 6 7 8 | Repeat |

**Sec B2: TWIST TO THE R,TWIST TO THE L**

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| 1 2 3 4 | Step RF to R with body twisting from central to the R (weight to R) |

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| 5 6 7 8 | Twist body to the L (weight to L) |

**Sec B3: BACK ROCK,RECOVER,SIDE ROCK,RECOVER,1/4 TURN JAZZ BOX**

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| 1 2 3 4 | Rock RF behind LF,recover onto LF,rock RF to R side,recover onto LF |

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| 5 6 7 8 | Cross RF over LF,step LF back,1/4 turn R step RF to R,step LF next RF 3:00 |

**Sec B4: ROCKING CHAIR,FWD,1/2 PIVOT,FWD,1/4 PIVOT**

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| 1 2 3 4 | Rock RF fwd,recover on LF,rock RF back,recover on LF |

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| 5 6 7 8 | Step RF fwd,1/2 turn left weight on LF,step RF fwd,1/4 turn right weight on LF 6:00 |

**Sec B5: TOE,HEEL,TOE,HEEL,TWIST TRAVELLING RIGHT**

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| 1 2 3 4 | Weight on LF swivel R toe in,R heel out,R toe in, R heel out |

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| 5 6 7 8 | Twist Heels to R ,twist toes to R,twist heels to R.hitch LF |

**Sec B6: TOE,HEEL,TOE,HEEL,TWIST TRAVELLING LEFT**

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| 1 2 3 4 | Weight on RF,swivel L toe in,L heel out,Ltoe in,L heel out |

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| 5 6 7 8 | Twist heels to L, twist toes to L,twist heels to L,hitch RF |

**Sec B7: CROSS,TOUCH,CROSS,TOUCH,HIP R BUMP**

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| 1 2 3 4 | Cross RF over LF,touch LF to L,cross Lf over RF,touch RF to R |

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| 5 6 7 8 | Step RF to R and hip bump to R over 4 counts |

**Sec B8: BEHIND,TOUCH,BEHIND,TOUCH,HIP L BUMP**

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| --- | --- |
| 1 2 3 4 | Cross LF behind RF,touch RF to R,cross RF behind LF,touch LF to L |

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| --- | --- |
| 5 6 7 8 | Step LF to L side and hip bump to L over 4 counts |

**Tag: 24 counts**

**CROSS, TOUCH, CROSS,TOUCH, HIP R BUMP**

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| --- | --- |
| 1 2 3 4 | Cross RF over LF, touch LF to L, cross Lf over RF, touch RF to R |

|  |  |
| --- | --- |
| 5 6 7 8 | Step RF to R and hip bump to R over 4 counts |

**BEHIND,TOUCH, BEHIND,TOUCH, HIP L BUMP**

|  |  |
| --- | --- |
| 1 2 3 4 | Cross LF behind RF, touch RF to R, cross RF behind LF, touch LF to L |

|  |  |
| --- | --- |
| 5 6 7 8 | Step LF to L side and hip bump to L over 4 counts |

**SIDE,KICK,SIDE.KICK,SWIVEL HEELS RLRL**

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| --- | --- |
| 1 2 3 4 | Step RF to R, kick LF, step LF to L,kick RF |

|  |  |
| --- | --- |
| 5 6 7 8 | Swivel both heels R L R L (weight to L) |

**Have fun and enjoy…….**

**Contact:chou450819@yahoo.com.tw**