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| The Sweet Eighteen (有影美) (zh) |  |

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| **拍数:** | 32 | **墙数:** | 2 | **级数:** | High Beginner | . |
| **编舞者:** | Nina Chen (TW) & Belinda Yoong (MY) - 2017年11月 |
| **音乐:** | You Ying Mei (有影美) - Chen Le (陳雷) |
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**Intro: 48 counts (Starting on vocal)**

**Sec 1: L DIAGONAL WITH R ROCKING CHAIR, CROSS - RECOVER, CHESSE**

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| 1-4 | (Facing L diagonal) Rock RF fwd - Recover on LF - Rock RF back - Recover on LF |

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| 5-6, 7&8 | Cross RF over LF - Recover on LF, Step RF to R - Step LF beside RF - Step RF to R |

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| 1-4 | (面向左斜角) 右足前下沉 - 重心回左足 - 右足後下沉 - 重心回左足 |

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| 5-6, 7&8 | 右足前跨 - 重心回左足, 右足右踏 - 左足併踏右足旁 - 右足右踏 |

**Sec 2: R DIAGONAL WITH L ROCKING CHAIR, CROSS - RECOVER, CHESSE 1/4 L**

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| 1-4 | (Facing R diagonal) Rock LF fwd - Recover on RF - Rock LF back - Recover on RF |

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| 5-6, 7&8 | Cross LF over RF - Recover on RF, Step LF to L - Step RF beside LF - 1/4 turn L (9:00) step LF fwd |

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| 1-4 | (面向右斜角) 左足前下沉 - 重心回右足 - 左足後下沉 - 重心回右足 |

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| 5-6, 7&8 | 左足前跨 - 重心回右足, 左足左踏 - 右足併踏左足旁 - 左轉1/4 (9:00) 左足前踏 |

**Sec 3: TOE STRUT - 1/2 L TOE STRUT, FWD - RECOVER, COASTER STEP**

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| 1-4 | Touch RF toe fwd - Step RF heel down - 1/2 turn L (3:00) touch LF toe fwd - Step LF heel down |

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| 5-6, 7&8 | Step RF fwd - Recover on LF, Step RF back - Step LF beside RF - Step RF fwd |

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| 1-4 | 右足尖前點 - 右足跟踏下 - 左轉 1/2 (3:00) 左足尖前點 - 左足跟踏下 |

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| 5-6, 7&8 | 右足前踏 - 重心回左足, 右足後踏 - 左足併踏右足旁 - 右足前踏 |

**Sec 4: JAZZ BOX 1/4 L, FWD - PIVOT 1/2 R, FWD SHUFFLE**

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| 1-4 | Cross LF over RF - Step RF back - 1/4 turn L (12:00) step LF to L - Step RF fwd |

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| 5-6, 7&8 | Step LF fwd - Pivot 1/2 R (6:00) weight on RF , Fwd shuffle (L R L) |

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| 1-4 | 左足前跨 - 右足後踏 - 左轉1/4 (12:00) 左足左踏 - 右足前踏 |

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| 5-6, 7&8 | 左足前踏 - 向右踏轉1/2 (6:00) 重心回右足, 前交換步 (左 右 左) |

**Tag 1: After wall 2. (12:00), wall 7. wall 11 (6:00)**

**加拍一: 第二牆. 結束後 (12:00), 第七牆. 第十一牆. 結束後 (6:00)**

**HIP BUMPS**

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| 1-4 | Step RF to R while bump hips twice - Step LF to L while bump hips twice |

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| 1-4 | 右足右踏同時推臀兩次 - 左足左踏同時推臀兩次 |

**Tag 2: After wall 4. (12:00), wall 9 (6:00)**

**加拍二: 第四牆. 結束後 (12:00), 第九牆. 結束後 (6:00)**

**HIP BUMPS**

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| 1-4 | Step RF to R while bump hips twice - Step LF to L while bump hips twice |

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| 5-8 | Rock RF to R while bump hips index finger from left to right (3counts) - Recover on LF |

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| 1-4 | 右足右踏同時推臀兩次 - 左足左踏同時推臀兩次 |

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| 5-8 | 右足右下沉同時推臀並且加上手指由左到右移動 (三拍) - 重心回左足 |

**\*\*Ending: Wall 12 after S1 (6:00)**

**\*\*結束: 第十二牆跳完第一個八拍 (6:00)**

**MAMBO 1/2 L - HIP BUMPS**

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| 1&2, 3&4& | Rock LF fwd - Recover on RF - Step LF fwd, Bump hips (R L R L) |

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| 1&2, 3&4& | 左足前下沉 - 重心回右足 – 左足前踏, 推臀 (右 左 右 左) |

**Have Fun & Happy Dancing !!!**

**Contacts:-**

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