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| East Bound & Truckin |  |

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| **拍数:** | 32 | **墙数:** | 4 | **级数:** | Improver | . |
| **编舞者:** | Andrew Blackwood (NZ) - February 2008 | | | | |
| **音乐:** | East Bound and Down - The Road Hammers | | | | |
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**Start on vocals**

**Rock, recover, cross shuffle, rock, turn, shuffle**

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| 1-2-3&4 | Rock R to right, recover on to L, cross shuffle R, L, R |

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| 5-6-7&8 | Rock L to left, recover with ¼ turn right onto R ft, shuffle forward L, R, L (3.00) |

**Kick ball touch (x2), ½ pivot turns (x2)**

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| 1&2 | Kick R ft forward, step R beside L, touch L to L |

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| 3&4 | Kick L ft forward, step L beside R, touch R to R |

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| 5-6-7-8 | Step R ft forward, ½ pivot turn to L (repeat) (3.00) |

**Chasse, rock, recover, turn, turn, cross shuffle**

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| 1&2-3-4 | Chasse to the Right, rock L behind R, recover |

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| 5-6-7&8 | Turning ¼ right step back on L, turning ¼ turn right step R to side, cross shuffle L, R, L (9.00) |

**Heel digs, pivot turn, stomp, stomp & clap**

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| &1&2 | Step R ft back, L heel dig forward 45? lef t, step L ft beside R, step R across L |

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| --- | --- |
| &3&4 | Step L ft back, R heel dig forward 45? right, step R ft beside L, step L across R |

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| 5-6-7-8 | Step R ft forward, ½ pivot turn left, stomp R ft forward, STOMP L ft beside R & CLAP. (3.00) |

**Restart from the beginning**

**TAG: 4 counts (AFTER 8th wall, facing front 2nd time round)**

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| 1-2-3-4 | Rock R to right, recover onto L, step R beside L, hold and clap. |

**ENDING (Wall 11 facing back wall)**

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| 1-2-3&4 | Rock R to right, recover with ¼ turn left onto L, shuffle forward R, L, R |

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| 5-6-7-8 | Turning ¼ left step L ft forward bending at knees, slowly recover weight to R foot while straightening, while R arm circles in time with the music |