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| 50 Ways (50種告別式) (zh) |  |

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| **拍数:** | 64 | **墙数:** | 4 | **级数:** | Intermediate | . |
| **编舞者:** | Pat Stott (UK) - 2012年07月 | | | | |
| **音乐:** | 50 Ways to Say Goodbye - Train : (CD: California 37) | | | | |
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**32 count intro**

**32 拍後起跳**

**第一段 Weave right, chasse, back rock, recover**

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|  | 右藤步, 右追步, 後下沉 回復 |

|  |  |
| --- | --- |
| 1–4 | Step right to right, cross left behind right, step right to right, cross left over right |

|  |  |
| --- | --- |
|  | 右足右踏, 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏 |

|  |  |
| --- | --- |
| 5&6 | Step right to right, close left to right, step right to right |

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| --- | --- |
|  | 右足右踏, 左足併踏, 右足右踏 |

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| --- | --- |
| 7–8 | Rock back on left, recover onto right |

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|  | 左足後下沉, 右足回復 |

**第二段 Vine left with ½ turn left, scuff, chasse, back rock, recover**

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|  | 左180轉華倫帶擦踢, 右追步, 後下沉 回復 |

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| --- | --- |
| 1–4 | Step left to left, cross right behind left, turn ¼ left stepping forward of left, pivot ¼ turn on left and scuff right next to left |

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| --- | --- |
|  | 左足左踏, 右足於左足後交叉踏, 左轉90度左足前踏, 左軸轉90度右足擦踢 |

|  |  |
| --- | --- |
| 5&6 | Step right to right, close left to right, step right to right |

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| --- | --- |
|  | 右足右踏, 左足併踏, 右足右踏 |

|  |  |
| --- | --- |
| 7–8 | Rock back on left, recover onto right |

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| --- | --- |
|  | 左足後下沉, 右足回復 |

**第三段 Rocking chair, step, ½ turn right & hook, shuffle forward**

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|  | 搖椅步, 踏 轉帶勾, 前交換 |

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| --- | --- |
| 1–4 | Rock forward on left, recover onto right, rock back on left, recover onto right |

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| --- | --- |
|  | 左足前下沉, 右足回復, 左足後下沉, 右足回復 |

|  |  |
| --- | --- |
| 5–6 | Step forward on left, turn ½ turn right keeping weight on left and hook right in front of left |

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| --- | --- |
|  | 左足前踏, 右轉180度重心在左足右足於左足前勾 |

|  |  |
| --- | --- |
| 7&8 | Step forward on right, close left to right, step forward on right |

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| --- | --- |
|  | 右足前踏, 左足併踏, 右足前踏 |

**第四段 Rock forward, recover, coaster step, stomp, hold, close, stomp, tap**

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| --- | --- |
|  | 前下沉 回復, 海岸步, 重踏, 候, 併, 重踏, 點 |

|  |  |
| --- | --- |
| 1–2 | Rock forward on left, recover onto right |

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| --- | --- |
|  | 左足前下沉, 右足回復 |

**\* Restart during wall 3 (replace tap with stomp left next to right)**

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|  | 第三面牆跳至此, 最後左足併點換成左足併重踏, 面向6點鐘從頭起跳 |

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| --- | --- |
| 3&4 | Step back on left, close right to left, step forward onto left |

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| --- | --- |
|  | 左足後踏, 右足併踏, 左足前踏 |

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| --- | --- |
| 5–6 | Stomp right to right, hold |

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| --- | --- |
|  | 右足右重踏, 候 |

|  |  |
| --- | --- |
| & 7 8 | Close left to right, stomp right to right, tap left next to right |

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| --- | --- |
|  | 左足併踏, 右足右重踏, 左足併點 |

**第五段 Roll 1 ½ turns to left, rock back, recover, kick, ball, cross**

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| --- | --- |
|  | 左轉一圈半, 後下沉 回復, 踢 併 交叉 |

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| --- | --- |
| 1–4 | Turn ¼ to left and step forward on left, turn ½ to left and step back on right, turn ½ to left and step forward on left, turn ¼ left and step right to right |

|  |  |
| --- | --- |
|  | 左轉90度左足前踏, 左轉180度右足後踏, 左轉180度左足前踏, 左轉90度右足右踏 |

|  |  |
| --- | --- |
| 5–6 | Rock back on left, recover onto right |

|  |  |
| --- | --- |
|  | 左足後下沉, 右足回復 |

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| --- | --- |
| 7&8 | Kick left to left diagonal, step on ball of left, cross right over left |

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| --- | --- |
|  | 左足左斜角踢, 左足踏, 右足於左足前交叉踏 |

**第六段 Stomp, hold, close, stomp, tap, roll 1 ½ turns right**

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| --- | --- |
|  | 重踏 候, 併 重踏 點, 右轉一圈半 |

|  |  |
| --- | --- |
| 1–2 | Stomp left to left, hold |

|  |  |
| --- | --- |
|  | 左足左重踏, 候 |

|  |  |
| --- | --- |
| & 3 4 | Close right to left, stomp left to left, tap right next to left |

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| --- | --- |
|  | 右足併踏, 左足左重踏, 右足併點 |

|  |  |
| --- | --- |
| 5–8 | Turn ¼ to right and step forward on right, turn ½ right and step back on left, turn ½ right and step forward on right, turn ¼ right and step left to left |

|  |  |
| --- | --- |
|  | 右轉90度右足前踏, 右轉180度左足後踏, 右轉180度右足前踏, 右轉90度左足左踏 |

**第七段 Rock back, recover, rock forward, recover, behind, side, cross shuffle**

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| --- | --- |
|  | 後下沉 回復, 前下沉 回復, 後 側, 交叉交換 |

|  |  |
| --- | --- |
| 1–4 | Rock right behind left, recover onto left, rock diagonally forward on right, recover onto left |

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| --- | --- |
|  | 右足於左足後下沉, 左足回復, 右足斜角前下沉, 左足回復 |

|  |  |
| --- | --- |
| 5–6 | Cross right behind left, step left to left |

|  |  |
| --- | --- |
|  | 右足於左足後交叉踏, 左足左踏 |

|  |  |
| --- | --- |
| 7&8 | Cross right over left, step left to left on ball of foot, cross right over left |

|  |  |
| --- | --- |
|  | 右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏 |

**第八段 Side, recover, sailor ¼ turn left, step, ½ pivot left, walk, walk**

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| --- | --- |
|  | 側下沉 回復, 左90轉水手, 踏 轉, 走 走 |

|  |  |
| --- | --- |
| 1–2 | Rock left to left, recover onto right |

|  |  |
| --- | --- |
|  | 左足左下沉, 右足回復 |

|  |  |
| --- | --- |
| 3&4 | Cross left behind right, turn ¼ left stepping onto right, step left in place |

|  |  |
| --- | --- |
|  | 左足於右足後交叉踏, 左轉90度右足踏, 左足踏 |

|  |  |
| --- | --- |
| 5–6 | Step forward on right, pivot ½ left transferring weight to left |

|  |  |
| --- | --- |
|  | 右足前踏, 左軸轉180度 |

|  |  |
| --- | --- |
| 7–8 | Walk forward on right, walk forward on left |

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| --- | --- |
|  | 前走-右, 左 |

**Tag end of wall 1 ( 3 0’clock), wall 4 ( 9 0’clock), wall 6 dance the tag TWICE ( 3 0’clock)**

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| --- | --- |
|  | 第一面牆(3點鐘), 第四面牆(9點鐘), 第六面牆(3點鐘)跳兩次加拍 |

|  |  |
| --- | --- |
| 1&2 | Stomp right across left, recover onto left, step right to right |

|  |  |
| --- | --- |
|  | 右足於左足前交叉重踏, 左足回復, 右足右踏 |

|  |  |
| --- | --- |
| 3&4 | Stomp left across right, recover onto right, step left to left |

|  |  |
| --- | --- |
|  | 左足於右足前交叉重踏, 右足回復, 左足左踏 |

|  |  |
| --- | --- |
| 5&6 | Stomp right across left, recover onto left, step right to right |

|  |  |
| --- | --- |
|  | 右足於左足前交叉重踏, 左足回復, 右足右踏 |

|  |  |
| --- | --- |
| 7-8 | Stomp left next to right, hold and clap hands |

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| --- | --- |
|  | 左足併重踏, 候(拍手) |