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| --- | --- |
| Try Not To Cry |  |

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| . | | | | | | |
| **拍数:** | 48 | **墙数:** | 4 | **级数:** | Improver | . |
| **编舞者:** | Daisy Simons (BEL) - October 2023 | | | | |
| **音乐:** | Try Not to Cry - Soulsister | | | | |
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**Intro: 32 counts. Start on the word “Goodbye”**

**Section 1: SIDE, TOGETHER, SHUFFLE FWD R, L**

|  |  |
| --- | --- |
| 1-2 | Step R to right side, step L next to R |

|  |  |
| --- | --- |
| 3&4 | Step R forward, step L next to R, step R forward |

|  |  |
| --- | --- |
| 5-6 | Step L to left side, step R next to L |

|  |  |
| --- | --- |
| 7&8 | Step L forward, step R next to L, step L forward |

**Section 2: CROSS ROCK, RECOVER, CHASSE R, CROSS ROCK, RECOVER, CHASSE 1/4 TURN L**

|  |  |
| --- | --- |
| 1-2 | Rock R cross over L, recover weight to L |

|  |  |
| --- | --- |
| 3&4 | Step R to right side, step L next to R, step R to right side |

|  |  |
| --- | --- |
| 5-6 | Rock L cross over R, recover weight to R |

|  |  |
| --- | --- |
| 7&8 | Step L to left side, step R next to L, step L ¼ turn left forward (9:00) |

**\*\*\*Restart in wall 3 (3:00)**

**Section 3: CROSS, SIDE, SAILORSTEP, CROSS SIDE, SAILORSTEP 1/4 TURN L**

|  |  |
| --- | --- |
| 1-2 | Cross R over L, step L to left side |

|  |  |
| --- | --- |
| 3&4 | Cross R behind L, step L to left side, step R to right side |

|  |  |
| --- | --- |
| 5-6 | Cross L over R, step R to right side |

|  |  |
| --- | --- |
| 7&8 | Step L ¼ turn left behind R, step R to right side, step L forward (6:00) |

**\*\*\*Restart in wall 7 (12:00)**

**Section 4: ROCK FWD, RECOVER, SHUFFLE 1/2 TURN R x2, ROCK BACK, RECOVER**

|  |  |
| --- | --- |
| 1-2 | Rock R forward, recover weight to L |

|  |  |
| --- | --- |
| 3&4 | Step R ¼ turn right, step L next to R, step R ¼ turn right forward |

|  |  |
| --- | --- |
| 5&6 | Step L ¼ turn right, step R next to L, step L ¼ turn right back (6:00) |

|  |  |
| --- | --- |
| 7-8 | Rock R back, recover weight to L |

**Section 5: R SAMBA, STEP FWD, POINT R SAMBA, STEP FWD, POINT**

|  |  |
| --- | --- |
| 1&2 | Cross R over L, step L to left side, recover weight to R |

|  |  |
| --- | --- |
| 3-4 | Step L forward, point R to right side |

|  |  |
| --- | --- |
| 5&6 | Cross R over L, step L to left side, recover weight to R |

|  |  |
| --- | --- |
| 7-8 | Step L forward, point R to right side |

**Section 6: ROCK FWD, RECOVER, COASTERSTEP, PIVOT 1/4 TURN R, CROSS SHUFFLE**

|  |  |
| --- | --- |
| 1-2 | Rock R forward, recover weight to L |

|  |  |
| --- | --- |
| 3&4 | Step R back, step L next to R, step R forward |

|  |  |
| --- | --- |
| 5-6 | Step L forward, ¼ turn right (9:00) |

|  |  |
| --- | --- |
| 7&8 | Cross L over R, step R to right side, cross L over R |

**Start again.**

**Restart:**

**in wall 3 after 16 counts (3:00)**

**in wall 7 after 24 counts (12:00)**

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