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| X-Citation |  |

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| **拍数:** | 32 | **墙数:** | 2 | **级数:** | Improver contra dance | . |
| **编舞者:** | Donald E. Kaneski (USA) | | | | |
| **音乐:** | Some Kind of Trouble - Tanya Tucker | | | | |
| . | | | | | | |

**X FILE**

|  |  |
| --- | --- |
| 1-2 | Push right hip and step right foot forward, push left hip diagonal back over left foot |

|  |  |
| --- | --- |
| 3-4 | Push hips side right behind right foot, push left hip and step left foot forward |

|  |  |
| --- | --- |
| 5-6 | Push right hip diagonal back over right foot, push hips side left behind left foot |

|  |  |
| --- | --- |
| 7-8 | Push right hip and step right foot forward, push left hip diagonal back over left foot |

**RIGHT SHUFFLE TURN AND HIP THRUSTS**

|  |  |
| --- | --- |
| 1 | Step right foot back beginning ½ turn right (1), |

|  |  |
| --- | --- |
| &2 | Step left foot next to right (&) step right foot forward completing ½ turn (2) |

|  |  |
| --- | --- |
| 3 | Step rock left foot forward |

|  |  |
| --- | --- |
| 4 | Rock back on right foot bending forward at waist extending butt backwards and hands forward |

|  |  |
| --- | --- |
| 5 | Thrust hips forward while bringing hands in, |

|  |  |
| --- | --- |
| 6 | Thrust hips back extending hands forward |

|  |  |
| --- | --- |
| 7& | Hold (7), thrust hips forward while bringing hands in (&), |

|  |  |
| --- | --- |
| 8 | Thrust hips back extending hands forward (8) |

**LEFT SHUFFLE TURN AND HIP THRUSTS**

|  |  |
| --- | --- |
| 1 | Step left foot back beginning ½ turn left (1), |

|  |  |
| --- | --- |
| &2 | Step right foot next to left (&), step left foot forward completing ½ turn |

|  |  |
| --- | --- |
| 3 | Step rock right foot forward, |

|  |  |
| --- | --- |
| 4 | Rock back on left foot bending forward at waist extending butt backwards and hands forward |

|  |  |
| --- | --- |
| 5 | Thrust hips forward while bringing hands in, |

|  |  |
| --- | --- |
| 6 | Thrust hips back extending hands forward |

|  |  |
| --- | --- |
| 7& | Hold (7), thrust hips forward while bringing hand in (&), |

|  |  |
| --- | --- |
| 8 | Thrush hips back extending hands forward (8) |

**STEP TURNS AND JAZZ BOX**

|  |  |
| --- | --- |
| 1 | While still bending forward slightly at waist with butt sticking out turn ¼ left on balls of feet, |

|  |  |
| --- | --- |
| 2 | Step left foot in place while raising body up from waist |

|  |  |
| --- | --- |
| 3-4 | Step right foot forward turn ¼ turn left, step left foot in place |

|  |  |
| --- | --- |
| 5-6 | Step right foot over left, step back on left foot |

|  |  |
| --- | --- |
| 7-8 | Step right foot side right, step left foot forward |

**REPEAT**