Fallin' Up



拍数: 32

墙数:4

级数: High Intermediate

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音乐: Fallin' Up - SoMo

乐: Fallin' Up - SoMo
X2, rock/recover, 1/2, 1/4, 1/2, sway X2, behind cross side, behind with sweep
Walk forward right, walk forward left
rock forward on right, recover on left, make a 1/2 turn to right stepping forward on right
make a 1/4 turn to right stepping left to left, as you step down on 4 make a 1/2 turn to the right slightly wrapping right leg around left (3 O'clock wall)
step right to right as you sway to right, sway to left
step right next to left, cross left over right, step right to right, step left behind right as you sweep right back
with sweep, back with hitch, behind side cross rock on diagonal, back X2, 1/4 touch, 1/4 sweep,
step back on right as you sweep left back, step back on left as you hitch right up
step right behind left, step left to left side, make an 1/8 turn to the left stepping forward on right, rock forward on left (1:30 wall)
recover back on right, walk back left, walk back right, make a 1/4 turn to right touching left ou to left side
make a 1/4 turn to left stepping forward on left as you sweep right forward and around in from of left, step down on right in front of left and make a full turn to left as you hitch left slightly
turn, cross, side, 1/2, cross rock/recover, 1/4, 1/2, back X2, back rock/recover, walks or 2 1/2
step down on left as you make a 1/2 turn to left keeping right toe into left foot (pencil turn)(9 O'clock wall)
cross right over left, make a 1/4 turn to right stepping back on left, make a 1/4 turn to right stepping right to right (3 O'clock wall)
cross rock left over right, recover on right
make a 1/4 turn to left stepping forward on left, make a 1/2 turn to left stepping back on right, walk back left right (6 O'clcok wall)
Rock back on left, recover on right. (For the &a) you can either walk forward left right or make a 1/2 turn to right as you step back on left, make a 1/2 turn right as you step forward on right
spiral, hitch, back with sweep, behind side cross, touch, full Monterey, side with sweep, behind,
step forward on left as you make a full spiral turn to right on the left foot, step forward on right as you hitch up left
step back on left as you sweep right back, step right behind left, step left to left, cross right over left
touch left out to left, make a full turn back over left shoulder as you bring left foot into right
step right to right as you sweep left back, step left behind right, make a 1/4 turn to right stepping forward on right, step forward on left (9 O'clock wall)
Guyton & Fred