Century Love (世紀之愛) (zh)

拍数: 96 **墙数:** 2 **级数:** Intermediate waltz

编舞者: Amy Yang (TW) & Johnson Koo (SG) - 2015年11月

音乐: A Thousand Years - Christina Perri

Intro : 48 counts

Sec . 1: FORWARD, HOOK, HOLD, STEP, HITCH, HOLD

1-2-3 Step RF forward, Hook LF behind RF, Hold
4-5-6 Step LF in place, Hitch RF forward, Hold
1-2-3 右足前踏, 左足勾於右足後, 停拍
4-5-6 左足踏下, 右足前抬, 停拍

Sec . 2: FORWARD, 1/2 TURN R AND SWEEP, WEAVE R

1-2-3 Step RF forward, Make 1/2 turn R placing weight on RF as you sweep LF in clockwise cross over RF(06:00)
4-5-6 Cross LF over RF, Step RF to R, Cross LF behind RF
1-2-3 右足前踏, 右轉1/2 重心右足同時左足向右足前繞(06:00)
4-5-6 左足交叉右足前, 右足右踏,左足交叉右足後

Sec . 3: SIDE, DRAG, 1/4 TURN L, FULL TURN L

1-2-3 Big step RF to R, Drag LF toward RF over 2 counts(weight remains on RF)
4-5-6 1/4 turn L step forward on LF, 1/2 turn L stepping back on RF, 1/2 turn L stepping forward on LF(03:00)
1-2-3 右足右踏大步, 左足向右足拖2拍(重心保持在右足)
4-5-6 左轉1/4 左足踏, 左轉1/2 右足後踏, 左轉1/2 左足前踏(03:00)

[EASY OPTION] 4-5-6 COUNTS : 1/4 TURN L WALK FORWARD (L, R L)

Sec. 4: FORWARD, HOOK, HOLD, BACK, BESIDE, HOLD

1-2-3 Step RF forward, Hook LF behind RF, Hold
4-5-6 Step LF back, Touch RF beside LF, Hold
1-2-3 右足前踏, 左足併於右足旁, 右足交換步
4-5-6 左足後踏, 右足點收於左足旁, 停拍

Sec . 5: TWINKLE STEP (R&L)

1-2-3 Cross RF over LF, Step LF to L, Step RF in place
4-5-6 Cross LF over RF, Step RF to R, Step LF in place
1-2-3 右足交叉左足前, 左足左踏, 右足交換步
4-5-6 左足交叉右足前, 右足右踏, 左足交換步

Sec. 6: CROSS, 3/4 TURN L, BEHIND, SIDE, 1/8 TURN R

1-2-3 Cross RF over LF, Making 3/4 turn L weight on RF(06:00)
4-5-6 Cross LF behind RF, Step RF to R, 1/8 turn R step forward on LF (07:30)
1-2-3 右足交叉左足前, 左轉3/4 重心在右足(06:00)
4-5-6 左足交叉右足後, 右足右踏, 右轉1/8左足前踏(07:30)

Sec. 7: FORWARD, KICK, HOLD, BACK, POINT, HOLD

1-2-3 Step RF forward, Kick LF forward, Hold
4-5-6 Step LF back, Point RF to R, Hold
1-2-3 右足前踏, 左足前踢, 停拍
4-5-6 左足後踏,右足右側點, 停拍

Sec. 8: SAILOR 1/8 TURN R, TOUCH, 1/2 TURN L

1-2-3 Sweep RF behind and 1/8 turn R, Step LF in place, Step RF to R(09:00)
4-5-6 Touch LF back, 1/2 turn L step forward on LF over 2 counts (weight remains on LF) (03:00)
1-2-3 右足交叉左足後同時右轉 1/8, 左足併踏, 右足右踏(09:00)
4-5-6 左足後點, 左轉 1/2踏左足2拍(重心保持在左足) (03:00)
***Restart : During wall 6, after 48 counts (facing 06:00)

Sec. 9: TRAVELING DIAMOND (HALF)
1-2-3 Step RF to R, Make 1/8 turn L stepping LF back diagonal L, Step back on RF (01:30)
4-5-6 Make1/8 turn L stepping LF to L, 1/8 turn L stepping RF forward, Step LF forward(10:30)
1-2-3 右足右踏, 左轉1/8左足左斜後踏, 右足後踏(01:30)
4-5-6 左轉1/8左足左踏, 左轉1/8右足前踏, 左足前踏(10.30)

Sec. 10: CROSS, RECOVER, 1/8 TURN R, CROSS, BACK(R&L)
1-2-3 Cross RF over LF, Recover onto LF, 1/8 turn R stepping RF to R(12.00)
4-5-6 Cross LF over RF, Step back on RF、LF
1-2-3 右足交叉左足前，重心回左足，右轉1/8右足右踏(12.00)
4-5-6 左足交叉右足前，右足後踏，左足後踏
***Restart : During wall 2, after 60 counts (facing 06:00)

Sec. 11: CROSS HOLD, 1/4 TURN R BACK SIDE CROSS
1-2-3 Cross RF over LF, Hold 2 count
4-5-6 Step back on LF, Make ¼ turn R step RF to R, Cross LF over RF(03:00)
1-2-3 右足交叉左足前, 停二拍
4-5-6 左足後踏, 右轉1/4右足踏, 左足交叉右足前(03:00)

Sec. 12: SIDE, HITCH, SIDE, TOUCH
1-2-3 Big step RF to R, Hitch left knee across RF, Hold
4-5-6 Step LF to L, Touch RF behind LF, Hold
1-2-3 右足右踏一大步, 左足抬腳膝交叉右足前, 停一拍
4-5-6 左足左踏, 右足腳趾左足後點, 停一拍

Sec. 13: 1/8 TURN R, 1/2 TURN R, BACK, RUN(L,R,L)
1-2-3 1/8 turn R stepping RF forward, Make a reverse ½ turn R stepping back on LF, Step back on RF as you transfer weight to RF while slightly lifting LF(10:30)
4-5-6 Run forward on LF, RF, LF (The last step has to make stop posture action)
1-2-3 右轉1/8右足前踏, 右轉1/2左足後踏, 右足後踏同時左足略抬腳(10:30)
4-5-6 向前跑三步(左足、右足、左足)

Sec. 14: RECOVER, TOUCH, 1/8 TURN R BEHIND SIDE CROSS
1-2-3 Recover onto RF slightly bend knee down, Touch LF in place, Hold
4-5-6 1/8 turn R Sweeping LF behind RF, Step RF to R, Cross LF over RF(12:00)
1-2-3 重心回右足同時双膝向下，左足前點，停一拍
4-5-6 右轉1/8左足掃腳至右足後，右足右踏，左足交叉右足前(12:00)

Sec. 15: TOUCH, STEP, CROSS, RECOVER, POINT, HOLD
1-2-3 Touch RF beside LF, Step in place on RF, Cross LF over RF(slightly bend knees down as sit posture)
4-5-6 Taking weight on LF, Point RF to R, Hold
1-2-3 右足點收於左足旁, 右足踏, 左足交叉右足前同時双膝向下
4-5-6 重心回左足, 右足右側點, 停拍

Sec. 16: TWINKLE 1/2 TURN R, FORWARD, DRAG, TOUCH
1-2-3 Cross RF over LF, 1/4 turn R step back on LF, 1/4R step forward on RF (6.00)
4-5-6 Big step forward on LF, Drag RF toward LF, Touch RF beside LF
1-2-3 右足交叉左足前，右轉1/8左足後踏，右轉3/8右足前踏

4-5-6　　左足前踏一大步，右足向左足拖，右足併於左足旁

Start again.

Restarts: -
During wall 2, after 60 counts(facing 06:00)
重新開始:第二牆，跳60拍(面向06:00)
During wall 6, dance up to Sec.8 /4-5-6, changing the step to:Touch LF toe back, make 1/4turn L(facing 06:00)
重新開始:第六牆，跳48拍時，左足後點，改變成左轉1/4(面向06:00)

Ending Tags : An 6 count Tag is at the end of wall 7, facing front wall
1-2-3　　Sweep RF back in 3 count
4-5-6　　Sweep LF back in 3 count (12.00)

Have Fun & Happy Dancingail.com

Contact Amy Yang: yang43999@gmail.com
Contact Johnson koo: johnsonkoohl@gmail.com