

# O Mama Go Easy

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Easy Beginner  
编舞者: Molly Yeoh (MY) - December 2017  
音乐: Oh Mama Hey (feat. Crystal Waters) (Radio Edit) - Chris Cox & DJ Frankie



#32 count intro - (No Tags - No Restart)

## WEAVE TO RIGHT, CHEST PUMP

1-2-3-4,      Step R to right, L step behind R, R to R, L step beside R  
5-6-7-8      Pump chest 4 times or push in out with elbow hands 4 times

## WEAVE TO LEFT, TWIST TO LEFT

1-2-3-4      Left step left, R step behind L, L to L, R step beside R  
5-6-7-8      Twist to left 4 times(LRLR) or twist 4 time on the spot

## RIGHT /LEFT/ RIGHT SHUFFLE FORWARD, STEP DOWN, BACK TAP, SNAP FINGERS

1&2 3&4      Right shuffle fwd, L shuffle fwd,  
5&6 &78      R shuffle fwd, L fwd step down@&, R tap behind L@7, snaps fingers@8

## BACKWARD SHUFFLE TWICE, ROCK, HITCH ¼ TURN

1&2, 3&4      Right shuffle back, L shuffle back,  
5 -6-7-8      R rock back recover on L, R rock back recover on L@8 ¼ Left turn with a hitch

Try it you will love it. Thank you!  
(Alternate dance to OH MAMA HEY-INTER DANCE)

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