NaNaNa Cha EZ

拍数: 32

级数: Beginner

编舞者: Felicia Harris Jones (USA) - January 2018

音乐: Havana (feat. Young Thug) - Camila Cabello

No Tags/No Restarts

Sec 1: Walk Forward, Step Lock Step, Walk Forward, Step Lock Step

- 1-2 Walk forward on Right, Walk forward on Left
- 3&4 Step forward on Right, Lock Left behind right, Step forward on Right
- 5-6 Walk forward on Left, Walk forward on Right
- 7&8 Step forward on Left, Lock Right behind left, Step forward on Left

Sec 2: Rock Forward, Recover, Shuffle Back, Rock Back, Recover, Shuffle Forward

- 1-2 Rock forward on Right, Recover back to Left
- 3&4 Step back on Right, Step Left next to right, Step back on Right
- 5-6 Rock back on Left, Recover forward on Right
- 7&8 Step forward on Left, Step Right next to left, Step Left forward

Sec 3: Pivot 1/2 Turn, Shuffle Forward, Pivot 1/2 Turn, Shuffle Forward

- 1-2 Step forward on Right, Pivot ½ turn over left shoulder (weight on left; facing 6:00)
- 3&4 Step forward on Right, Step Left next to right, Step forward on Right
- 5-6 Step forward on Left, Pivot ¹/₂ turn over right shoulder (weight on right; facing 12:00)
- 7&8 Step forward on Left, Step Right next to left, Step forward on Left

Sec 4: Side, Together, Chasse, Cross Rock, Recover, ¼ turn Triple

- 1-2 Step Right to right side, Step Left next to right
- 3&4 Step Right to right side, Step Left next to right, Step Right to right side
- 5-6 Rock Left in front of right, Recover to Right
- 7&8 Making 1/4 turn Left Step forward on Left, Step Right next to left, Step forward on Left

*This track has a great Latin sound... Use those hips!

Please use in original format. If you choose to post on your website, please do not alter in any way and include all choreographer contact information. felicia@jonesfamilies.com Felicia@boundlessboots.com www.boundlessboots.com





墙数:4