# Hurtin Gets Hard

级数: Intermediate waltz

编舞者: Adrian Churm (UK) & Ed Lawton (UK) - May 2018

音乐: Hurtin' Gets Hard - Kendell Marvel : (CD: Lowdown & Lonesome)

## Sec1: Progressive twinkles x2

拍数: 24

- 1 3 Step left forward and across right, step right to the side, left to the side.
- 4 6 Step right forward and across left, step left to the side, right to the side. [12]
- Sec 2: 1/2 turn left, cross rock recover 1/8th turn side step
- 1 3 Step left across right, ¼ turn left right foot back, ¼ turn left step left foot to the side.

#### (Count 3 as you turn allow left to close up next to right (no weight) before stepping out to the side).

4 – 6 Rock right across left, recover back onto left, 1/8th turn right step right to the side [7.30]

### Sec 3: Syncopated Viennese cross on the diagonal, step back, 3/8th turn left into 1/2 sweep.

- 1 Step left forward towards right diagonal (prepare to turn left). [7.30]
- 2& <sup>1</sup>/<sub>4</sub> turn to left right foot side 1/8th turn left crossing left over right. [3]
- 3 1/8th turn left step right foot back. [1.30]
- 4 6 3/8 turn left left foot forward, ½ turn left sweeping right around, touch right next to left. [3]

# Sec 4: full forward roll, 1⁄4 turn right, draw right into left with rise and fall

- 1 3 Step right forward (prepare to turn right), ½ turn right left back, ½ turn right end right forward.
- 4 6 1⁄4 turn right left to the side, draw right up to left over 2 counts raising up onto toes then lower.

### Tag: end of wall 5 facing 6 o'clock Cross rocks into heel turn into rise and fall

- 1-3 Rock left across right to right diagonal, recover back onto right, step left to the side. [6]
- 4 6 Rock right across left to left diagonal, recover back onto left, step right back
- 1 3 Draw left next to right foot, turn 3/8th left on heels to face front ending with rise and fall. [12]

#### Restart

# Tag: end of wall 10 facing 6 o'clock Cross rocks into heel turn left into rise and fall

- 1-3 Rock left across right to right diagonal, recover back onto right, step left to the side. [6]
- 4 6 Rock right across left to left diagonal, recover back onto left, step right back
- 1-3 Rock left across right to right diagonal, recover back onto right, step left to the side. [6]
- 4 6 Rock right across left to left diagonal, recover back onto left, step right back
- 1 3 Draw left next to right foot, turn 3/8th left on heels to face front ending with rise and fall [12] **Restart**





