My Life Shall Have You (若紅塵沒有了你) (zh)

拍数: 32 **墙数:** 2 **级数:** Beginner

编舞者: Nina Chen (TW) - 2018年09月

音乐: Ruo Hong Chen Mei You Le Ni (若紅塵沒有了你) (Dj版) - Wang Jian Rong (王建榮)

Intro: 32 counts
Intro dance: 32 counts (Reference to the demonstration & Optional)

Sec1: DIAGONAL FWD - TOGETHER, FWD SHUFFLE, SIDE - TOUCH BEHIND.(x2)

1-2,3&4	Step RF to R diagonal fwd - Step LF beside RF, Fwd shuffle (R L R)
5-8	Step LF to L - Touch RF behind LF - Step RF to R - Touch LF behind RF
1-2,3&4	右足右斜前踏 - 左足併踏右足旁, 前交換步 (右 左 右)
5-8	左足左踏 - 右足點於左足後 - 右足右踏 - 左足點於右足後

Sec2: DIAGONAL FWD - TOGETHER, FWD SHUFFLE, SIDE - TOUCH BEHIND.(x2)

1-2, 3&4	Step LF to L diagonal fwd - Step RF beside LF, Fwd shuffle (L R L)
5-8	Step RF to R - Touch LF behind RF - Step LF to L - Touch RF behind LF
1-2,3&4	左足左斜前踏 – 右足併踏左足旁, 前交換步 (左 右 左)
5-8	右足右踏 - 左足點於右足後 - 左足左踏 - 右足點於左足後

Sec3: JIVE BOX 3/4 L

1&2&, 3&4&	Step RF to R - Step LF beside RF - Step RF to R - Little bit hitch LF 1/4 turn L (9:00), Step LF to L - Step RF beside LF - Step LF to L - Little bit hitch RF 1/4 turn L (6:00)
5&6&, 7&8	Step RF to R - Step LF beside RF - Step RF to R - Little bit hitch LF 1/4 turn L (3:00), Step LF to L - Step RF beside LF - Step LF to L
1&2&, 3&4&	右足右踏 - 左足併踏右足旁 - 右足右踏 - 左足稍微抬起點向左轉 1/4 (9:00) 左足左踏 - 右足併踏左足旁 - 左足左踏 - 右足稍微抬起點向左轉 1/4 (6:00)
5&6&, 7&8	右足右踏 - 左足併踏右足旁 - 右足右踏 - 左足稍微抬起點向左轉 1/4 (3:00) 左足左踏 - 右足併踏左足旁 - 左足左踏

Sec4: FWD - KICK - BACK - POINT, JAZZ BAX 1/4 R

1-4	Step RF fwd - Kick LF fwd - Step LF back - Touch RF to R
5-8	Cross RF over LF - 1/4 turn R (6:00) step LF back – Step RF to R - Cross LF over RF
1-4	右足前踏 - 左足前踢 - 左後踏 - 右足尖右點
5-8	右足前跨 - 右轉 1/4 (6:00) 左足後踏 - 右足右踏 - 左足前跨

Tag : After wall 9 (6:00), Add 8 counts tag
加拍 :第九面牆結束後 (6:00),加跳八拍
FWD - TOUCH BEHIND - BACK TOUCH - SIDE - TOUCH - SIDE - TOUCH

1-4	Step RF fwd - Touch LF behind RF - Step LF back - Touch RF beside LF
5-8	Step RF to R - Touch LF beside RF - Step LF to L - Touch RF beside LF
1-4	右足前踏 - 左足點於右足後 - 左足後踏 - 右足點於左足旁
5-8	右足右踏 - 左足點於右足旁 - 左足左踏 - 右足點於左足旁

Have Fun & Happy Dancing !!!

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