

# NOTHIN' But A Heartache :(

**COPPER** KNOB  
STEPSHEETS

拍数: 32                      墙数: 2                      级数: Beginner  
编舞者: Val Saari (CAN) - December 2018  
音乐: It's A Heartache - Rod Stewart & Michael Buble



## **SIDE TOE-STRUTS RIGHT, LINDY RIGHT**

1-2                      Touch RF Toes To Right Side, Step RF Heel Down  
3-4                      Touch LF Toes Beside RF, Step LF Heel Down  
5&6                      Shuffle Right, RLR  
7-8                      Rock Back On LF, Recover On RF

## **4 TOE-STRUTS BACK PIVOT 1/4 R**

1-2                      Touch LF Toes To Left Side Pivot 1/4 R, Step LF Heel Down  
3-4                      Touch RF Toes Back, Step RF Heel Down  
5-6                      Touch LF Toes Back, Drop Heel  
7-8                      Touch RF Toes Back, Drop Heel

## **MODIFIED RUMBA BOX FWD, VINE RIGHT PIVOT 1/4 R, KICK**

1-2                      Step LF To Left Side, Step RF Beside LF  
3-4                      Step LF Forward, Hold  
5-6                      Step RF To Right Side, Step LF Behind R  
7-8                      Step RF 1/4 Pivot Right, Kick LF Forward

## **BACKWARDS STEP TOUCHES X 2, L SIDE MAMBO, KICK R**

1-2                      LF Step Back, RF Touch Beside LF  
3-4                      RF Step Back, LF Touch Beside RF  
5-6                      Rock LF Left, Recover RF  
7-8                      Step LF Beside R, Kick RF Forward

**REPEAT - No Tags, No Restarts**

**Email: [Valeriesaari@icloud.com](mailto:Valeriesaari@icloud.com) - Phone: 1-905-246-5027**

---