

Hurts So Good

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Carl Sullivan (AUS) - January 2019
音乐: Hurts So Good - John Mellencamp : (Album: The Best That I Could Do)



Start on Vocals - Sequence is 64, 44, 64, 36, 64, 64, 32

1-2	Step R to R, Step L beside R
3&4	Step R fwd, ¼ R Step L beside R, Step R back (triple step) - 3:00
5-6	Step L behind R, Step R to R
7&8	Cross Samba (L, R, L)
1-2	Cross-step R over L, Step L to L
3&4	3/8 R Side Shuffle on diagonal
5-6	Step L across in front of R, Step R to R on diagonal
7&8	Sailor Step (L, R, L) on diagonal finishing facing 6:00 (L fwd) 6:00
1-2	Cross-step R over L, Step L to L
3&4	½ R Side shuffle R-L-R to R side - 12:00
5-6	Cross-step L over R, Step R to R
7&8	Step L behind R, Step R to R, Cross-step L over R
1-2-3&4	Rock R to R, Replace on L, Cross shuffle R-L-R to L side
5-6-7&8	Step L to L, Step/Slide R beside L, Low Kick L to L diagonal, Ball-Cross
1-2-3&4	(R2) Rock L to L, Replace on R, ½ turn L Side shuffle... Restart 2 - 6:00
5-6-7&8	Cross-step R over L, Step L to L, ¼ R Sailor Step (R, L, R) - 9:00
1-2-3&4	(R1) Step L fwd, Step R fwd turning ½ L, Side Shuffle L-R-L to L side - 3:00
5-6	Cross Rock R over L, Replace on L
7&8	¼ R Fwd Shuffle R-L-R, - 6:00
1-2-3-4	Step L fwd, Kick R fwd, Step R back Touch L toe back
5-6-7-8	Step L fwd, Roll fwd L stepping R, L, R
1-2	Step L fwd to L, Step R to R
3-4	½ turn L Step L fwd to L, Step R to R - 12:00
5&6-7-8	Shuffle fwd L-R-L, Step R fwd, Pivot ½ turn L onto L - 6:00

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64

Restarts: -

R1. On Wall 2 dance 43 ½ counts then ¼ L Step L fwd on count 44.

R2. On Wall 4 dance 34 count, then Step L to L, Touch R beside L

Northside Linedancers - www.northsidelinedancers.com

Phone: 9489 2367 - Mob: 0424 536 907- E mail: carl@hotkey.net.au