

Hurts 2b Human

拍数: 32 墙数: 4 级数: Improver
编舞者: Hailey Thomson (NZ) - September 2019
音乐: Hurts 2B Human (feat. Khalid) - P!nk



R step drag L, rock L behind, recover, L step drag R, rock R behind, recover, rock R fwd, recover, 3/4 triple R
1,2&3,4& Step R to side drag L towards R, rock L behind R, recover weight onto R, step L to side drag
R towards L, rock R behind L, recover onto L foot
5,6,7&8 rock R fwd, recover onto L, 1/4 triple to R stepping RLR

L mambo sweep R behind, step R behind, step L, cross R, rock recover L drag L, step L behind, step R 1/4, step fwd
1 & 2,3&4 Rock L fwd, recover to R, step L next to R foot sweeping R behind L, step R behind L, step L
to side, step R across L
5,6,7&8 Rock L to L side, return weight to R dragging L behind R foot, step L behind R foot, step R 1/4
right, step L fwd

Step R fwd, 1/2 pivot L, shuffle R L R, full turn R, L scissor cross
1,2,3&4 Step R fwd, 1/2 pivot L, step R fwd, bring L tog, step R fwd
5,6,7&8 step L fwd into 1/2 (turning R), step R back into 1/2 (turning R), step L to side, step R tog,
cross L over R foot

Step R to side, step L behind, step R 1/4, step L fwd, 1/2 pivot, full triple to left (or shuffle L R L), step R to side, sway R,L
1 & 2,3,4 Step R to R side, step L behind R, step R 1/4 to R, step L fwd, 1/2 pivot to R
5&6,7,8 turn full triple fwd L, R, L over L shoulder (or shuffle L fwd R tog L fwd), step R to R side,
sway hips R, L

***Wall 3 (back wall) after behind 1/4 step L fwd (16 counts) restart facing 3:00**
*** Finish dance, after 8 counts (triple) to 12:00**

Last Update - 2 May 2021