

Nani Wine

拍数: 0 墙数: 1 级数: Improver merengue
编舞者: Carmen Mah (CAN)
音乐: Nani Wine - Byron Lee & The Dragonaires



Sequence: AA,BB,AAA,BB,A to end. Intro 16 counts

PART A

ROCKING CHAIR TWICE

1-4 Rock right forward, recover on left, rock right back, recover on left
5-8 Repeat 1-4 (optional hand claps on 1-2, 5-6)

WALK FORWARD 4, BACK 4

1-4 Walk forward right, left, right, left
5-8 Walk back right, left, right, left

CONGA RIGHT, LEFT

1-2 Facing right diagonal, step right to right, step left in front of right
3-4 Step right to right, turn to left diagonal and touch left heel to left diagonal/clap
5-6 Step left to left, step right in front of left
7-8 Step left to left, turn to right diagonal and touch right heel to right diagonal/clap

BASIC RIGHT, LEFT

1-4 Step right to right, step left next to right, step right to right, touch left next to right/clap
5-7 Step left to left, step right next to left, step left to left, touch right next to left/clap
Option: to make into 4 walls, on count 27, turn $\frac{1}{4}$ right

PART B

$\frac{1}{4}$ PIVOTS TURNING LEFT (ROLLING HIPS)

1-2 Touch right forward, turn $\frac{1}{4}$ to left, weight remains on left
3-6 Repeat 1-2 twice
7-8 Turn $\frac{1}{4}$ left stepping on right, touch left to side

$\frac{1}{4}$ PIVOTS TURNING RIGHT (ROLLING HIPS)

1-2 Touch left forward, turn $\frac{1}{4}$ to right, weight remains on right
3-6 Repeat 1-2 twice
7-8 Turn $\frac{1}{4}$ right stepping on left, touch right to side

STEP FORWARD 2, BACK 2 (TWICE)

1-4 Step forward right, left, step back right, left
5-8 Repeat 1-4

ROLL HIPS (FIGURE 8)

1-4 Roll hips to right in to the right motion
5-8 Roll hips to left in counter to the right motion

Option: roll hips in figure 8 using 4 counts and repeat

Take small steps throughout, emphasizing hips.

Option: when the singer says "wine down low", bend knees and dance as low as you can