

Nanticoke Stroll (P)

COPPER KNOB
STEPPERS

拍数: 40 墙数: 0
编舞者: Carol Demczak
音乐: Blue - LeAnn Rimes

级数: Partner



Position: Closed

STEP, TOUCH, BACK, TOUCH TWICE

- 1 **MAN:** Step forward left
 LADY: Step back right
- 2 **MAN:** Touch right heel forward
 LADY: Touch left toe back
- 3 **MAN:** Step back right
 LADY: Step forward left
- 4 **MAN:** Touch left toe back
 LADY: Touch right heel forward
- 5 **MAN:** Step forward left
 LADY: Step back right
- 6 **MAN:** Touch right heel forward
 LADY: Touch left toe back
- 7 **MAN:** Step back right
 LADY: Step forward left
- 8 **MAN:** Touch left toe back
 LADY: Touch right heel forward

LEFT VINE, TOUCH, RIGHT VINE, TOUCH ROLLING VINE, TOUCH, STEP ½ TURN, VINE

Man drops right hand and raises left to turn lady outside turn

- 1 **MAN:** Step forward left
 LADY: Step right ¼ turn right
- 2 **MAN:** Step right behind left
 LADY: Step left ½ turn right
- 3 **MAN:** Step left to left
 LADY: Step right ¼ turn right

Continue to hold lady's right hand and pick up her left hand in your right

- 4 **MAN:** Touch right next to left
 LADY: Touch left next to right

Raise left hand over lady's head to put her in a cuddle position, man behind lady

- 5 **MAN:** Step right to right
 LADY: Step left ½ turn left
- 6 **MAN:** Step left behind right
 LADY: Step right to right
- 7 **MAN:** Step right to right
 LADY: Step left behind right

Change to same foot work here

- 8 **MAN:** Touch left beside right
 LADY: Step right to right

STROLL FORWARD

- 1 Step forward left 45 degrees
- 2 Drag right next to left
- 3 Step forward left 45 degrees

- 4 Touch right next to left
- 5 Step forward right 45 degrees
- 6 Drag left next to right
- 7 Step forward right 45 degrees
- 8 Touch left next to right

WALK BACK, STEP IN PLACE, TOUCH WALK BACK, 1 ½ TURNS

- 1 Step back left
- 2 Step back right
- 3 Step back left

Change to opposite foot work here

- 4 **MAN:** Step back right
LADY: Touch back right

Drop right hand, lift left hand over lady's head

- 5 **MAN:** Step left next to right
LADY: Step right ½ turn right
- 6 **MAN:** Step right beside left
LADY: Step left ½ turn right
- 7 **MAN:** Step left beside right
LADY: Step right ½ turn right
- 8 **MAN:** Step right beside left
LADY: Step left beside right

Resume closed dance position here

SHUFFLE FORWARD X 4 SHUFFLE BACK X 4

- 1&2 **MAN:** Left-right-left
LADY: Right-left-right
- 3&4 **MAN:** Right-left-right
LADY: Left-right-left
- 5&6 **MAN:** Left-right-left
LADY: Right-left-right
- 7&8 **MAN:** Right-left-right
LADY: Left-right-left

REPEAT
