Navajo Rug

级数: Intermediate

音乐: Navajo Rug - Ian Tyson

RIGHT LOCK STEPS FORWARD, LEFT LOCK STEPS FORWARD

- 1-4 Step forward right, lock left behind right, step forward right, hold
- 5-8 Step forward left, lock right behind left, step forward left, hold

ROCK FORWARD/BACK, HALF TURN TO THE RIGHT FORWARD RIGHT HOLD, HALF TURN TO THE RIGHT BACK, HOLD LEFT, STEP BACK RIGHT/LEFT

- 9-10 Rock forward right, recover weight on left
- 11-12 Step forward right making ½ turn to the right, hold
- 13-14 Step back left making ¹/₂ turn to the right, hold
- 15-16 Step back right then left

STEP RIGHT TO SIDE, LEFT BEHIND, ¼ TURN RIGHT, HOLD, PIVOT ½ TO THE RIGHT, FORWARD LEFT, HOLD

- 17-20 Step right to side, step left behind right, ¼ turn right, hold
- 21-24 Step forward left, ½ pivot to the right (weight on right) step forward left, hold

RIGHT LOCK STEP FORWARD, HOLD, ROCK RECOVER HALF TURN TO THE LEFT, FORWARD LEFT, HOLD

- 25-28 Step forward right, lock left behind right, step forward right, hold
- 29-30 Rock forward left, recover on right
- 31-32 Step forward left making ¹/₂ turn to the left, hold

REPEAT

At the end of the 2nd wall (facing 6:00) there is a four count hold. Stomp forward on right and hold for four counts (bend head forward and touch brim of hat) then start the dance again. There are 2 restarts in the dance. On the 6th wall (facing 3:00) and on the 9th wall (facing 12:00) after 16 counts of the dance there is another four count hold : then start the dance again.





墙数:4