

Hurting

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Ann Thomson-Buhler (AUS)
音乐: You Always Hurt the One You Love - Clarence "Frogman" Henry



FORWARD KICK, TOGETHER KICK, TWICE

1-2-3-4 Step forward left, kick right to the left diagonal, step right together, kick left to the right diagonal
5-6-7-8 Repeat once more (moving forward)

WALK BACK, TOUCH, BOOGIE WALK FORWARD

1-2-3-4 Walk back left-right-left, touch right together
5-6-7-8 With weight on ball of right boogie walk forward (turn right heel in & swivel right heel out as you move forward, repeat with left--4 steps in all)

WALK BACK, WALK FORWARD

1-2-3&4 Walk back right-left-right, step back on left, forward right
5-6-7&8 Walk forward left-right-left, step back on right, forward left

KICK FORWARD, SIDE, TRIPLE STEP, PADDLE STEP X 4

1-2-3&4 Kick right forward, kick right to right, triple step right-left-right
5-6-7-8 Step forward left, turn ¼ right (weight right) repeat once more

REPEAT
