Hale Bop Boogie



拍数: 64 墙数: 4 级数: Intermediate

编舞者: Alan Birchall (UK)

音乐: Hale Bop Boogie - The Tractors



STRUTS FORWARD

1-2	Step right heel forward with toes raised, slap foot on floor
3-4	Step left foot forward with toes raised, slap foot on floor
5-6	Step right heel forward with toes raised, slap foot on floor
7-8	Step left foot forward with toes raised, slap foot on floor

ROCK RIGHT, HOLD, ROCK LEFT, HOLD, STEP, HOLD

9&10 Rock right over left, recover on left, step right in place

11 Hold

12&13 Rock left over right, recover on right, step left in place

14 Hold

15-16 Step forward on right, hold

1/4 PIVOT LEFT, HOLD, STEP, 1/2 PIVOT LEFT, STEP RIGHT, CROSS LEFT

17-18	Make ¼ pivot left, hold
19-20	Step forward on right, hold
21-22	Make ½ pivot left, hold

23-24 Step right to right, cross left behind

SIDE SHUFFLE, ROCK BACK, SIDE SHUFFLE, CROSS ROCK

25&26	Step right to right, s	step left beside	right, step	right to right

27-28 Rock back on left, recover weight on right

29&30 Step left to left, step right beside left, step left to left

31&32 Rock right over left, recover weight on left

COASTER STEP, STEP ½ PIVOT, STEP ½ PIVOT, CROSS ROCK

33-34	Step back on right, step left beside right, step forward on right
35-36	Step forward on left, ½ pivot right
37-38	Step forward left, ½ pivot right
39&40	Rock left over right, recover on right

COASTER STEP, STEP ½ PIVOT, STEP ½ PIVOT, CROSS ROCK

41-42	Step back on left, step right beside left, step forward on left step
43-44	Forward on right, ½ pivot left

45-46 Step forward on right, ½ pivot left**
47&48 Rock right over left, recover weight on left

COASTER STEP, JUMP FORWARD, HIP BUMPS WHILE BENDING KNEES, HIP BUMPS

49&50	Stop book on right stop left beside right stop forward on right make
4900U	Step back on right, step left beside right, step forward on right make

51&52	Small jump t	forward landing	riaht left	bump hips ri	aht left	(while bending knees)

53&54& Bump hips right, left, right left (while bending knees)
55&56 Bump hips left, right, left (while straightening up)

HIP BUMPS WHILE STRAIGHTENING UP, SMALL JUMP FORWARD

57&58	Small iui	np forward	landing	riaht. left.	bump hip	s riaht. I	eft (while	bending knees)

59&60 Bump hips right, left, right left (while bending knees)

Bump hips right, left, right (while bending knees)

Bump hips left, right, left (while straightening up)**

REPEAT

BRIDGE

From when they sing: "who really knows what might be next, stay right by my side, etc" LEFT FORWARD SHUFFLE, RIGHT FORWARD SHUFFLE, STEP LEFT, TOGETHER TWICE

Step forward on left, step right beside left, step forward on left Step forward on right, step left beside right, step forward, right

5-6 Step left to left, step right beside left7-8 Step left to left, step right beside left

RIGHT FORWARD SHUFFLE, LEFT FORWARD SHUFFLE, STEP ½ PIVOT

9&10 Step forward on right, step left beside right, step forward, right 11&12 Step forward on left, step right beside left, step forward on left

13-14 Step forward on right, ½ pivot left

STEP RIGHT SLIDE LEFT, STEP LEFT, SLIDE RIGHT

Take big step to right diagonal
Slide left to right over three counts
Take big step to left diagonal
Slide right to left over three counts

Steps 45 to 64 are always done when they are singing "Oh No I can't stop doing the Hale Bop Boogie" or when the instrumental section reach's that point (you can tell). The bridge is done twice in the whole song. These are: If you begin the dance on the music then you complete three walls before each of the bridge sections. If you start on the lyrics then you do the bridge first after two walls, then after three walls For the false ending you may do what you please! I can suggest three ½ Monterey turns, or ¼ Monterey turns, feel free to do what you think. When the music re-starts then start the dance again. As long as you are all facing the same way!