Hambones And Blackbirds

拍数: 32 **墙数:** 4 **级数:** Intermediate west coast swing

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音乐: Howdy - L. Young

WALK FORWARD LEFT, RIGHT, RIGHT HEEL JACK, STEP LEFT FORWARD, SYNCOPATED PIVOT, RIGHT HEEL JACK

1-2	Walk forward left, walk forward right
&3&4	Step back left, tap right heel forward, step right next to left, step left forward
5&6	Step right forward, pivot ½ left step down on left, step right forward
&7&8	Step back left, tap right heel forward, step right next to left, step left forward (close to right)

BOUNCE ¼ RIGHT, TOE SWITCHES, SIDE ROCK &CROSS & CROSS, ½ PIVOT TURN LEFT

1-2	Bounce heels twice turning ¼ right (weight ends on right)
&3&4	Step (jump) back left, tap right toe across left, step right next to left, tap left toe across right
5&6	Rock left to side, return right, cross left over right
&7&8	Step right to side, cross left over right, step right back ¼ turn left, step left to side ¼ left

RIGHT HEEL GRIND WITH ¼ PIVOT RIGHT, RIGHT COASTER, LEFT SIDE POINT, RIGHT SIDE POINT, TOUCH, KICK, RIGHT KICK BALL TOUCH

1-2	Grind right heel forward, pivot ¼ turn right keep weight on left
3&4	Step right back, step left next to right, step right forward
5&6&	Point left to side, step left next to right, point right to side, touch right toe next to left
7&8	Kick right forward, step right next to left, tap left toe forward (slightly in front of right)

LEFT FORWARD LOCK, FULL LEFT TRIPLE TURN, SYNCOPATED ¼ TURN JAZZ, APPLEJACKS OR SWIVELS

1-2	Step left forward, lock right behind left
3&4	Step left forward, step right back ½ left, step left forward turning ½ left (option: left triple forward)
5&6&	Cross right over left, step left back ¼ turn right, step right to side, step left next to right
7&8&	(Applejacks) push right heel to left as you push left toe to left, bring right heel and left toe to center, push left heel to right as you push right toe to right, bring right toe and left heel to center (weight ends on right) (option: swivel both heels, left, then center, swivel heel right then center, or heel splits) weight ends on right

REPEAT

TAG

At the end of wall 5 & 7 there are a couple of counts added into the song. Add an extra set of applejacks or swivels (1&2) ending with weight on right