

HANG ON

Count: 48

Wall: 4

Level: intermediate

Choreographer: Tom "Bubba" Via

Music: You Keep Me Hanging On (Dance Mix) by Reba McEntire



HEEL TOUCHES, SIDE STEP-SLIDES

- 1 Touch right heel forward
- 2 Touch right toe next to left foot
- 3 Step to the right on right foot
- 4 Slide left foot over next to right
- 5 Touch left heel forward
- 6 Touch left toe next to right foot
- 7 Step to the left on left foot
- 8 Slide right foot over next to left

HIP ROLLS

- 9-10 Roll hips to the right in a circle on these two beats
11-12 Roll hips to the left in a circle on these two beats
13-16 Repeat beats 9-16

SIDE ROCKING SYNCOPATIONS

- 17 Step to the right on right foot
& Push off of right foot putting weight onto left foot
18 Step right foot to home
19 Step to the left on left foot
& Push off of left foot putting weight onto right foot
20 Step left foot to home
21-24 Repeat beats 17-20

SIDEWAYS SHUFFLES, ROCK STEPS

- 25&26 Shuffle sideways to the right (right-left-right)
27 Cross left foot behind right and step
28 Rock forward onto right foot
29&30 Shuffle sideways to the left (left-right-left)
31 Cross right foot behind left and step
32 Rock forward onto left foot

$\frac{3}{4}$ STEP TURN TO THE LEFT, FORWARD SHUFFLE, MILITARY PIVOT TO THE RIGHT, FORWARD SHUFFLE

- 33 Step to the right on right foot and begin a $\frac{3}{4}$ turn to the left
34 Step on left foot and complete $\frac{3}{4}$ turn to the left
35&36 Shuffle forward (right-left-right)
37 Step forward on left foot
38 Pivot $\frac{1}{2}$ turn to the right on ball of left foot and shift weight to right foot
39&40 Shuffle forward (left-right-left)

ROLLING STEP TURN TO THE LEFT FORWARD, FORWARD SHUFFLE, MILITARY PIVOTS TO THE RIGHT

- 41 Step forward on right foot and begin a full rolling turn to the left traveling forward

- 42 Step on left foot and complete full rolling turn to the left
- 43&44 Shuffle forward (right-left-right)
- 45 Step forward on left foot
- 46 Pivot $\frac{1}{2}$ turn to the right on ball of left foot and shift weight to right foot
- 47 Step forward on left foot
- 48 Pivot $\frac{1}{2}$ turn to the right on ball of left foot and shift weight to right foot while sliding right foot up next to left

REPEAT
