F'get About It

拍数: 32 **墙数:** 4 **级数:** Beginner

编舞者: Tony Wilson (USA)

音乐: Wonderful Waste of Time - Alabama

FORWARD TOUCH BACK TOUCH, FORWARD TOUCH BACK TOGETHER

1-2	Step right forward, touch left toe forward
3-4	Step left back, touch right toe back
5-6	Step forward on right, touch left toe forward
7-8	Step back on left, step right next to left

FORWARD TOUCH BACK TOUCH, CROSS BACK ¼ TURN BRUSH

9-10	Step left forward, touch right toe forward
11-12	Step back on right, touch left toe back
13-14	Step left forward and across right, starting ¼ turn left step right back
15-16	Completing ¼ turn left step left to side, brush right forward

RHUMBA BOX

17-18	Step right forward, touch left next to right
19-20	Step left to side, step right next to left
21-22	Step left back, touch right next to left
23-24	Step right to side, step left next to right

ROCK ½ TURN TRIPLE STEP, ROCKING CHAIR

25-26	Rock step right forward, starting ½ turn right step left in place
27-28	Step right next to left, completing ½ turn right step left next to right
29-30	Rock step forward on right, step left in place
31-32	Rock step back on right, step left in place

REPEAT