Fallin' In Love



拍数: 32 墙数: 2 级数: Intermediate/Advanced

编舞者: Jo Thompson Szymanski (USA)

音乐: Fallin' - Alicia Keys



The music has a timing that feels like a very fast waltz (6/8 timing). However, the dance is not a waltz. I am counting it using "rolling triples" as in 1&a, 2&a, 3&a, 4&a, 5&a, 6&a, 7&a, 8&a, etc. The a is pronounced "ah"

SIDE, SIDE DRAG, CROSS, 1/2 TURN RIGHT, CROSS ROCK, SIDE, CROSS, 1/2 TURN RIGHT

1-2 Step right to right side, large step left to left side allowing right foot to drag

3a4 Step right across front of left, turn ¼ right on right foot, step back on left, turn ¼ right on left

foot, step right to right side

Rock left across in front of right, recover weight back to right foot, step left foot to left side

Step right across front of left, turn ¼ right on right foot, step back on left, turn ¼ right on left

foot, step right to right side

Option: there is an optional extra turn on 8&a. It will be very quick, so keep the steps very small. On count 8, turn an extra ¼ right to step forward on right foot instead of side with right foot. On the &, turn ½ right, step back on left. On the a, turn ¼ right step right to right side. Whether you do the extra turn or not, you should still end facing the front.

CROSS PIVOT, CROSS, BALL, CROSS PIVOT ¼ RIGHT, FORWARD, CLOSE, FORWARD, BACK, CLOSE, BACK THROW, ½ TURN LEFT

1 Step left across front of right bringing right foot in to left pivoting just slightly left on left foot

2a Step right across front of left, small step left to left side

3 Step right across front of left bringing left foot in to right pivoting right ¼ turn on right foot

Step forward with left, step together with right, step forward with left Step back with right, step together with left, step back with right

Optional styling on count 7, throw both arms back to the right side, looking in that direction

8a Step forward with left turning ½ left, step back with right

ROCK BACK, FORWARD, BACK, ½ TURN RIGHT, ROCK BACK, FORWARD, BACK, ½ TURN LEFT

1-3 Rock back with left, rock forward with right, rock back with left. These rocks should be done

with body/hip movement

4a Step forward with right turn ½ right, step back with left

5-7 Rock back with right, rock forward with left, rock back with right. These rocks should be done

with body/hip movement

8a Step forward with left turn ½ left, step back with right

STEP BACK, TOUCH, STEP FORWARD, TOUCH, SIDE, TOGETHER, CROSS BACK, STEP, TURN, STEP, TURN

1-2 Step back left, touch right beside left3-4 Step forward right, touch left beside right

5a6 Turn ¼ left and step left to left side, step right beside left, step left crossed behind right

7a Turn ¼ right and step forward with right, step left together turning right ¾ 8a Turn ¼ right and step forward with right, step left together turning right ¾

REPEAT

When using the song "Fallin" by Alicia Keys, start counting on the word "out", wait a 16 count intro, then start the dance on the word "good". Remember: because of the rolling triple rhythm, the count of 5, 6, 7, 8 will be very slow. At the end of the song, you will finish facing the front. Do a large step to the right and drag for a finish. Good luck!