

# F & F Cha (P)

拍数: 40      墙数: 0  
编舞者: Fred Wade & Fran Wade  
音乐: Unknown

级数: Partner



**Position: Closed "Two-Step" Position**  
**Footwork is for man, opposite for lady.**

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|-------|---|
| 1-2   | Step forward left, then right.  |
| 3&4   | Shuffle forward left-right-left (man raises lady's arm).  |
| 5-6   | Step forward right, then left (lady turns $\frac{1}{2}$ to the right & ends on man's left side).  |
| 7&8   | Shuffle forward right-left-right (man extends right hand across to lady to meet lady's left hand, both turn slightly toward each other).    |
| 9-10  | Touch hands, step forward left, then right (man starts to cross in front of lady, under his right arm releasing his left & her right hand). |
| 11&12 | Shuffle forward left-right-left (lady is now on man's right).   |
| 13-14 | Step slightly forward right, then left (man raises right arm, lady turns to right & backward, under man's left arm using full steps).       |
| 15&16 | Shuffle forward right-left-right (lady ends turn, holding hands).   |
| 17-18 | Step forward left, then right.  |
| 19&20 | Shuffle forward left-right-left (lady makes full turn to the left).   |
| 21-22 | Step right to right side, step left behind right.   |
| 23&24 | Slight shuffle to right side right-left-right.  |
| 25-26 | Rock on left to left side (both turn $\frac{1}{4}$ to right, extend left toward wall & dip), rock back on right.                            |
| 27&28 | Shuffle in place left-right-left (both turn $\frac{1}{4}$ left).  |
| 29-30 | Step forward right, then left.  |
| 31&32 | Shuffle forward right-left-right (lady makes full turn to the right).   |
| 33-34 | Step left to left side, step right behind left.   |
| 35&36 | Slight shuffle to left side left-right-left.  |
| 37-38 | Rock on right to inside (both turn $\frac{1}{4}$ to left, extend right toward center & dip), rock back on left.                             |
| 39&40 | Shuffle in place right-left-right (man turns $\frac{1}{4}$ to right, lady makes $\frac{1}{2}$ turn to face LOD).                            |
| 41-42 | Step forward left, then right.  |
| 43&44 | Shuffle forward left-right-left.  |
| 45-46 | Step forward right & both pivot $\frac{1}{2}$ turn (man-right, lady-left).  |
| 47&48 | Shuffle forward right-left-right.   |
| 49-50 | Step forward left (man pivots $\frac{1}{2}$ to face lady), step forward right.  |
| 51&52 | Shuffle forward left-right-left.  |
| 53-54 | Step forward right, then left.  |
| 55&56 | Shuffle forward right-left-right.   |

**REPEAT**