

# East Bound

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver polka  
编舞者: Danny Leclerc (CAN)  
音乐: East Bound and Down - The Road Hammers



## HEEL TOUCH, TOE TOUCH, POLKA SHUFFLE (2X)

- 1            Heel touch to side slightly forward left
- 2            Toe touch crossed in front left
- 3&4        Polka shuffle to side left-right-left
- 5            Heel touch to side slightly forward right
- 6            Toe touch crossed in front right
- 7&8        Polka shuffle to side pivoting  $\frac{1}{4}$  right at right-left-right

## POLKA SHUFFLE (4)

- 1&2        Polka shuffle to side pivot  $\frac{1}{4}$  right left-right-left
- 3&4        Polka shuffle to side pivot  $\frac{1}{4}$  right right-left-right
- 5&6        Polka shuffle to side pivot  $\frac{1}{4}$  right left-right-left
- 7&8        Polka shuffle to side right-left-right

## HEEL TOUCH, TOE TOUCH, HEEL TOUCH, STEP, TOE TOUCH, HEEL TOUCH, TOE TOUCH, STEP

- 1            Heel touch forward left
- 2            Toe touch backward left
- 3            Heel touch forward left
- 4            Step left back
- 5            Toe touch backward right
- 6            Heel touch forward right
- 7            Toe touch backward right
- 8            Step right forward

## POLKA SHUFFLE, DIG $\frac{1}{4}$ LEFT

- 1-4        Polka shuffle forward left-right-left, right-left-right
- 5-8        Tap ball of foot forward with emphasis and noise turning  $\frac{1}{4}$  left left-right-left-right

## REPEAT

## TAG

At 2:24, add

- 1-4        Dig forward turning 1 full turn left left-right-left-right