# East Bound & Down 2000

**拍数:** 32 **墙数:** 4 **级数:** Improver

**编舞者:** Kathy Hunyadi (USA)

**音乐:** East Bound and Down - Jerry Reed

Choreographed for Dance Roundup '99 at Mystic Lake Casino, Prior Lake MN

SHUFFLES FORWARD, SHUFFLES BACK, SHUFFLES FORWARD, WALK BACK, TOUCH, CLAP TWICE

| | |
|---|---|
| 1&2-3&4 | Moving toward 1st corner to right of center wall (2:00), right shuffle forward (right, left, right); left shuffle forward (left, right, left) |
| 5&6-7&8 | Turn ¼ from last corner as you move back (facing 4:00) and right shuffle back (right, left, right); left shuffle back (left, right, left) |
| 1&2-3&4 | Turn ¼ right from last corner as you travel forward (facing 8:00), right shuffle forward (right, left, right), left shuffle forward (left, right, left) |
| 5-6-7&8 | Walk back right, left as you square off to face 9:00; cross right foot over left touching toes to left of left foot; clap twice (&8) |

This is the diamond shape like in "Reggae Cowboy". It is 3 successive corners to right, followed by the next wall

LONG SIDE STEP RIGHT, ROLLING 360 VINE LEFT, TOUCH

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|---|---|
| 1-2-3-4 | Take long side step right over counts 1-4; touch left toes beside right |
| 5-6-7-8 | Turn ¼ left as you step forward, continue to turn ½ left stepping back on right, turn ¼ left as you step left foot to side; touch right foot beside left |

ROCK, STEP, ½ TURN RIGHT, SHUFFLE IN PLACE; ½ TURN RIGHT, STOMP, CLAP TWICE

| | |
|---|---|
| 1-2-3&4 | Rock forward on right foot, recover weight to left foot while turning ½ to right, shuffle in place right, left, right |
| 5-6-7&8 | Step forward on left foot, turn ½ to right, step right foot in place; stomp left foot forward (taking weight); clap hands twice |

REPEAT

This was especially fun to choreograph to! It goes to show that there are some really well phrased old country tunes that are fun to dance to!
-- Kathy Hunyadi