

Nadine

COPPER KNOB
STEPSHEETS

拍数: 80 墙数: 2 级数: Intermediate
编舞者: Bob Boesel (USA) - September 2004
音乐: Nadine - Chuck Berry



A. HEEL BALL CROSS (2X), SIDE HIP, HIP, HIP (3X)

1&2,3&4 Touch
R heel on R
diagonal, step
on ball of R next
to L, cross step
L over R.
Repeat
5,6,7&8 Step
side on R
bumping hips R,
bump hips L,
bump hips R, L,
R (12:00)

B. CROSS SHUFFLE, POINT SIDE, ½ TURN, POINT SIDE, TOG, POINT SIDE, TOG, HEEL TAP

1&2,3,4 Cross
shuffle L over R,
point R toe to R
side, turn ½ R
on L stepping
together on R
5&6&7,8 Point L
toe to L side,
step L next to R,
point R toe to R
side, step R
next to L, tap L
heel on L
diagonal, hold
(6:00)

**C. STEP TOG,
CROSS ROCK,
RECOVER,
SHUFFLE ¼ R,
STEP ¼ R,
SAILOR STEP
¼ R, STEP
FWD**

&1,2,3&4 Step L
next to R, cross
rock R over L,
recover on L,
step side on R,
step L next to R,
turn ¼ R step
fwd on R
5,6&7,8 Turn ¼
R step side on
L, step R behind
L starting ¼ turn
R, step side on
L completing
turn, step side
on R, step
forward on L
(3:00)

**D. ROCK FWD,
RECOVER,
COASTER
STEP,
EXTENDED
WEAVE, POINT
SIDE**

1,2,3&4 Rock
fwd on R,
recover on L,
step back on R,
step L next to R,
step forward on
R
5&6&7,8 Step L
over R, step
side on R, step
L behind R, step
side on R, step
L over R, point
R toes to R side
(3:00)

**E. TURN ½
STEP TOG,
POINT SIDE,
WEAVE, ¼
TURN STEP,
SHUFFLE
BACK, STEP
BACK**

1,2,3&4 Turn $\frac{1}{2}$
R on L stepping
together on R,
point L toes to L
side, step L
behind R, step
R to R side,
step L over R
5,6&7,8 Turn $\frac{1}{4}$
L stepping back
on R, step back
on L, step R
next to L, step
back on L, step
back on R
(6:00)

**F. ROCK
BACK,
RECOVER,
SHUFFLE
FWD, $\frac{1}{4}$ TURN
STEP, WEAVE,
POINT SIDE**
1,2,3&4 Rock
back on L,
recover on R,
step fwd on L,
step R next to L,
step fwd on L
5,6&7,8 Turn $\frac{1}{4}$
L stepping side
on R, step L
behind R, step
R to R side,
step L over R,
point R toes to
R side (3:00)

**G. TURN $\frac{1}{2}$
STEP TOG,
POINT SIDE,
WEAVE, $\frac{1}{4}$
TURN STEP,
SHUFFLE
BACK, STEP
BACK**
1,2,3&4 Turn $\frac{1}{2}$
R on L stepping
together on R,
point L toes to L
side, step L
behind R, step
R to R side,
step L over R

5,6&7,8 Turn $\frac{1}{4}$
L stepping back
on R, step back
on L, step R
next to L, step
back on L, step
back on R
(6:00)

**H. ROCK
BACK,
RECOVER,
SHUFFLE
FWD, $\frac{1}{4}$ TURN
STEP, WEAVE,
POINT SIDE**

1,2,3&4 Rock
back on L,
recover on R,
step fwd on L,
step R next to L,
step fwd on L
5,6&7,8 Turn $\frac{1}{4}$
L stepping side
on R, step L
behind R, step
R to R side,
step L over R,
point R toes to
R side (3:00)

**I. TURN $\frac{1}{4}$
TOG, ROCK
FWD,
RECOVER,
ROCK SIDE,
RECOVER,
CROSS
SHUFFLE, $\frac{1}{4}$
TURN FWD**

1,2,3,4 Turn $\frac{1}{4}$
R stepping R
next to L, rock
fwd on L,
recover on R,
rock L to L side
5,6&7,8
Recover on R,
step L over R,
step R to R
side, step L
over R, turn $\frac{1}{4}$
R stepping fwd
on R (9:00)

J. STEP FWD,
½ TURN
HOOK,
SHUFFLE
FWD, ½ TURN,
½ TURN,
TRIPLE STEP
¼ TURN
1,2,3&4 Step
fwd on L, turn ½
R and hook R
over left shin,
step fwd on R,
step L next to R,
step fwd on R
5,6,7&8 Turn ½
R stepping back
on L, turn ½ R
stepping fwd on
R, triple step in
place L, R, L
turning ¼ R
(6:00)

BEGIN AGAIN
AND HAVE
FUN...SORRY,
NO TAGS OR
RESTARTS
REQUIRED.
